

About the Train-the-Trainers Event

MINT Training for New Trainers (TNT) is an annual training workshop, which takes place over three days, and generally only once per year. Participation in this workshop leads to eligibility to join more than one thousand colleagues from around the globe who, since 1993, have provided Motivational Interviewing training in diverse countries, cultures, and in diverse professional and academic settings. The primary aim of the TNT is to help participants further develop the skills and experience in a collaborative training environment, to train others in Motivational Interviewing effectively; with a diligent eye to best practice and efficacious learning outcomes in this model.

The first Training of New Trainers (TNT) in motivational interviewing was led by Bill Miller and Steve Rollnick in 1993 in Albuquerque, New Mexico, USA. The fourth TNT, held in Valetta, Malta, in 1997, was accompanied by the first informal meeting of what would later become the Motivational Interviewing Network of Trainers. Every year since 1997, alternating between North America and Europe, what are now known as MINT-Sponsored TNTs have been held in concert with the annual meeting of members of MINT, the MINT Forum. Led initially by Bill, Steve, or both, and more recently by other senior members of MINT, TNTs provide entry into MINT for those who complete them.

Purpose of the TNT Workshop: The TNT workshop is designed to help skilled MI practitioners enhance their MI training skills.

It is expected that Applicants:

1. Are proficient in delivering MI and can demonstrate the range of MI-specific skills in a 20-minute recorded audio work sample.
2. Are able to articulate the initial and ongoing learning process that you have engaged in to develop and refine your MI skills.
3. Have received feedback, coaching and/or supervision, as part of ongoing MI learning,
4. Have some experience with providing MI Training (recommended, but not required)

Four Steps Required to Complete Your TNT Application:

1. Complete the written TNT application form
2. Submit your TNT application and pay \$125 (US) registration fee for MITI coding.
3. Prepare an audio-recorded work sample that will be MITI coded to assess your MI skills
4. Complete the Required Forms that must accompany your work sample

Applicant who do not have English as a First Language:

All applications must be submitted in English. Applicants who do not have English as a first language, may submit a work sample in a language other than English, and may be afforded additional time for their application to be reviewed, if special arrangements are needed to provide coding in this language.

By the end of the workshop, participants will be able to:

- Demonstrate the spirit, principles, and practice of MI in their training skills
- Articulate current developments and research regarding MI and integrate these into training settings.
- Practice applying common MI materials provided for trainers and/or create new learning methods.
- Contextualize and practice applying MI to the specific settings in which you intend to provide training.
- Demonstrate methods of providing supervision and feedback on MI skills.
- Identify personal strengths and areas for growth as trainers.
- Outline an ongoing plan for your personal trainer development, beyond the TNT workshop.
- Identify areas for continued involvement in MINT

MINT Membership:

After completing this TNT workshop, you will automatically become a member of MINT! Your TNT registration fee covers your MINT dues for the remainder of that year. To remain a member in good standing, your annual membership dues will have to be paid for the following year. A call for following year dues payment will be sent to you directly via email and will also be announced through the MINT listserv, to which you will be connected a few weeks after the TNT. Besides being connected to hundreds of MINT members all over the world through this listserv, your membership also allows you to register for the annual MINT Forum meetings and to be listed as a MINT member on MINT Inc.'s website.