

# YOU'RE INVITED

## TWO-DAY MOTIVATIONAL INTERVIEWING FUNDAMENTALS SKILLS PROGRAM

Pathways to  
empowerment

This two-day training will include the basics of Motivational Interviewing and Third Edition changes—facilitated by a member of the Motivational Interviewing Network of Trainers (MINT).



### ABOUT THE TRAINING

Motivational interviewing is a collaborative conversation style toward a change goal that addresses the common problem of ambivalence and resistance while strengthening intrinsic motivation and commitment to change.

### WHAT YOU'LL LEARN

- Four elements of the Motivational Interviewing Spirit
- Core Motivational Interviewing Skills
- Four Processes-Engaging, Focusing, Evoking, Planning
- Evolving definitions of Motivational Interviewing
- MI consistent ways to respond to discord in difficult conversations
- Overview of Preparing people to Change

### EVENT DETAILS

**WHEN:** OCTOBER 17th & 18th 2023

**WHERE:** Location: Aviary Recovery Center, 333 S Kirkwood Rd, St, 305, MO 63122 (Inside PNC Bank)  
9am-4:30pm Registration 8:30am

### WHO THIS TRAINING IS FOR:

Helping professionals including psychologists, social workers, professional counselors, recovery coaches, MH/SA/PG counselors.

*12 Continuing Education Credits Available*



### MEET YOUR TRAINER, DEBRA NEAL

Debra Neal is a member of the International Motivational Interviewing Network of Trainers (MINT). Speaker, author, counselor and trainer. For the past 20 yrs, Debra has used her experience in her own private counseling practice with couples counseling, addiction and compulsive behaviors, as well and anxiety and mood disorders.

*“This is the first training I have been to that I can visualize myself returning to my agency and using what I learned”.* **Training Participant, Chicago, IL**

### TRAINING FORMAT

- Highly experiential and interactive
- Multi media, breakouts session, and more
- MI researched methods for teaching and learning

### SAVE YOUR SPOT. REGISTER TODAY.

- Early bird \$280 by Oct 7nd
- Regular \$310 after Oct 7nd
- 3 or more same agency \$260 per person by Oct 2nd
- 3 or more same agency \$290 per person after Oct 2nd

**CONTACT:**

debra@pathwaystoempowerment.net

(816) 805 0732

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### HOW TO REGISTER

If you're interested in signing up, please follow the directions below.

#### 1 GET STARTED BY VISITING:

[HTTPS://MAILCHI.MP/PATHWAYSTOEMPOWERMENT/ST-LOUISI](https://mailchi.mp/pathwaystoempowerment/st-louisi)

#### 2 SELECT A PAYMENT TYPE

- PAY BY PAYPAL: [PAYPAL.COM/PAYPALME/PATHWAYSEMPOWERMENT](https://www.paypal.com/paypalme/pathwaysempowerment)
- PAY BY VENMO: @DEBRA-NEAL-20
- PAY BY CHECK: PATHWAYS TO EMPOWERMENT, 7180 W. 107TH ST, STE 21, O. P. KS 66212

#### 3 FILL OUT CONTACT FORM

COMPLETE YOUR REGISTRATION BY COMPLETING THE CONTACT FORM.

#### 4 SEE YOU THERE!

BE SURE TO ADD THE EVENT TO YOUR CALENDAR!

### QUESTIONS?

For more information or any questions, please email [dneal@pathwaystoempowerment.net](mailto:dneal@pathwaystoempowerment.net) or call (816) 805 0732.