**Pre- Forum workshop: Montreal 2016**

Trevor Manthey, Heather Lynch, Anya Sheftel, Linda Hedenblad, Alicia Wein

**Title:**

What did you want to be when you grew up? Exploring applications of MI in career development and rehabilitation.

**Description:**

Life doesn't always go as planned, especially when it comes to our career choices.  This is true for individuals with disabilities who are often part of systems that limit their occupational choice.  This workshop explores the integration of MI practice in various settings such as special education classrooms, after school job clubs, and vocational rehabilitation offices. Presenters will engage the audience in a conversation about topics such as adapting MI for supported education/employment for people with co-occurring mental health needs, working with youth with varying abilities in school settings, and engaging people in return-to-work conversations after being injured. Additionally, presenters will facilitate a dialogue about ethical concerns regarding using MI in conversations with people with varying abilities and intellectual capacities, and their guardians and advocates.  Finally, the presenters and the workshop participants will explore the future of MI in these settings.

**Learning Objectives:**

1 - Learn about the current state of MI in career development and rehabilitation

2 - Explore potential adaptations of MI in these settings

3 - Explore ethical concerns to be aware of when using MI in these settings

**Duration** ½ day

**Trevor Manthey** has been providing training and technical assistance on motivational interviewing in employment and career focused settings since 2008, including, supported employment, vocational rehabilitation, school districts, community mental health and university settings.

**Anya Sheftel Poppe**n is a licensed psychologist in the State of Washington and the Alcohol and Other Drug Clinical Services coordinator at Washington State University Counseling and Psychological Services.  In addition to using motivational interviewing with addictive behaviors, she designed and implemented career-focused interventions for young people with disabilities.

**Heather Lynch** has been helping individuals with disabilities achieve their employment goals since 1992 in both public and private settings. Heather has been using and training MI in the Oregon vocational rehabilitation system since 2009.

**Linda Hedenblad**, has been teaching continuing education courses to professional Vocational Rehabilitation Counselors for fifteen years, as a MINT member for three.

**Alicia Wein-Senghas** is currently the Training Coordinator for Voc Rehab Vermont and in that role has facilitated the integration of motivational interviewing as an approach and skill set throughout the organization.