

TIMOTHY H. GODDEN

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PERSONAL:

Born Dec. 18, 1961, in Toronto, Ontario. Presently in excellent health.
Career goals: counseling, training, research and writing in addictions and mental health.

ACADEMIC ACHIEVEMENTS:

April 1999 M.S.W., University of Toronto.
July 1998 B.S.W. York University, Dean's Honour Roll, summa cum laude.
June 1987 B.A.A. (Journalism), Ryerson Polytechnical University.
April 1985 B.Sc., McMaster University.

CONTINUING EDUCATION:

1989 to present Numerous trainings, and personal and professional development workshops including:

- Clinical Simulation Workshop, June 25 – 26, 2013.
- 2-day MITI Coding Workshop with Jacque Elder and Judith Carpenter, Toronto, Ontario, Nov. 2009.
- Motivational Interviewing: Training New Trainers (TNT), Miami, Florida, Nov. 28 to 30, 2006.
- Intensive Narrative Therapy training, Toronto Narrative Therapy Network (Spring, 2002).

WORK HISTORY :

Nov. 2004 to present Advanced Practice Clinician, Ambulatory Care & Structured Treatment Program, Centre for Addiction and Mental Health (CAMH), Toronto, Ont.

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WORK HISTORY (continued) :

Nov. 2003 to Nov. 2004	Secondment as Therapist, Concurrent Disorders Service, CAMH.
April 1999 to Nov. 2003	Therapist, Brief Treatment Program, Russell St. and Brentcliffe sites, CAMH (Activities include: individual and group treatment, Impaired Driving Remedial Measures, staff education and training, student education, Concurrent Disorders advisory work).
Sept. 1997 - Spring 1999	Progress Place, Evening/Weekend program staff.
Sept. 1992 - Sept. 1997	Progress Place, psychosocial rehabilitation worker.
May 1991 - Aug. 1992	Boundless Adventures, senior staff member and trip leader.
Sept. 1987 - June 1990	Brantford Expositor, reporter and writer.
June 1987 - Sept. 1987	The Canadian Press, reporter.

SCHOLARSHIPS AND AWARDS:

- University of Toronto Open Scholarship, 1998.
- York University Continuing Student Scholarship, 1998.
- Wilfrid Laurier University Graduate Scholarship, 1998.
- Two awards for reporting, Western Ontario Newspaper Awards, 1987.

PUBLICATIONS:

Godden, T. (2004). Working with Men. In S. Harrison & V. Carver (Eds.), Alcohol & Drug Problems. A Practical Guide for Counsellors (3rd Edition). Toronto: CAMH.

Herie, M., **Godden, T.**, Shenfeld, J. & Kelly, C. (2007) Addiction: An Information Guide. Toronto: CAMH.

Godden, T. (2007). MI and Acquired Brain Injury: Challenges and Possible Solutions for Clients with ABI. MINT Bulletin. (Available on-line through www.motivationalinterview.org)

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PUBLICATIONS (cont'd):

Godden, T., et al. (2008). Clinical Supervision Handbook. Toronto: CAMH.

Cooper, C., **Godden, T.** & Goodman, A. (2012). Motivational Interviewing: An Essential Counselling Tool. Published electronically on website of Problem Gambling Institute of Ontario.

Lemsky, C. & **Godden, T.** (2014). Acquired Brain Injury and Fetal Alcohol Spectrum Disorder: Implications for Treatment. In M. Herie & W.J.W. Skinner (Eds.), Fundamentals of Addiction. A Practice Guide for Counsellors. Toronto: CAMH.

RESEARCH ACTIVITIES:

- Co-investigator on “Brain Injury Screening Outcome Evaluation” project, April 2013 to present.
- Co-investigator on “Applying implementation science to assess the factors impacting a successful motivational interviewing program for an in-patient mental health unit– A pilot study” project, Dec. 2015 to present.
- Member of research team for Clinical Supervision in Addictions and Mental Health project, CAMH, 2008-2009.
- Co-investigator for Mentorship in Social Work project, CAMH, 2008 - 2010.
- Member of Brief Treatment Continuous Quality Improvement team, 2001. The work of this group resulted in addition of pre-treatment session to Structured Relapse Prevention cycles, yielding increased show rate at first session and increased treatment retention.
- Collaborated with Dr. Jan Malat on study comparing effectiveness of interpersonal group therapy with Structured Relapse Prevention for clients with alcohol use and depression, Fall 2000.

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TRAININGS AND PRESENTATIONS :

Godden, T., Pargana, A. & Sagorsky, L. “Motivational Interviewing. A workshop for emergency mental health staff.” CAMH, Queen Street site. June 15 and 29, 2000.

Godden, T., Pargana, A. & Sagorsky, L. “Motivational Interviewing.” CAMH, Russell Street site. Nov. 1, 2000.

Godden, T., Pargana, A. & Sagorsky, L. “Motivational Interviewing.” CAMH, Russell Street site. Jan. 16 and 17, 2001.

Godden, T. & Pargana, A. “Motivational Interviewing.” Newport Centre, Port Colborne, Ont. May 25, 2001.

Godden, T., Herie, M. & Sagorsky, L. “Motivational Interviewing.” CAMH Summer Institute, Russell Street site. June 4 and 5, 2001.

Godden, T., Herie, M. & Sagorsky, L. “Motivational Interviewing.” CAMH, Russell Street site, Jan. 15 and 16, 2002.

Cooper, C, **Godden, T.** & Herie, M. “Motivational Interviewing.” CAMH, Russell Street site. Two-day workshop, June 2002.

Godden, T. & Sagorsky, L. Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, Oct. 24, 2002.

Godden, T. Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, Nov. 28, 2002

Godden, T. & Herie, M. “Motivational Interviewing.” CAMH, Russell Street site. Feb. 4 & 5, 2003.

Godden, T. & Sagorsky, L. Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, Feb. 25, 2003.

Godden, T. & Sagorsky, L. Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, June 17, 2003.

Godden, T. & Lafontaine, S. “Overview of proposed changes to Back on Track Education Program.” At Back on Track service providers forum, CAMH, Sept. 2003.

Godden, T. & Sagorsky, L. Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, Nov. 24, 2003.

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TRAININGS AND PRESENTATIONS (continued):

Cushing, S. & **Godden, T.** Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, Feb. 25, 2004

Godden, T. & Munn, E. “Introduction to Concurrent Disorders for Mental Health Workers.” CAMH, Russell Street site, April 14 and 15, 2004.

Cushing, S. & **Godden, T.** Motivational Interviewing module of “Concurrent Disorders Training For the Schizophrenia Program. CAMH, May 25, 2004.

Godden, T. “Concurrent Disorders.” Day 2 of three-day “Overview of Mental Concurrent and Dual Disorders. Elizabeth Fry Society of Peel-Halton, June 9 – 11, 2004.

Godden, T. & Meredith, S. “Fundamentals of Addiction.” CAMH, Russell Street site April 14 and 15, 2005.

Godden, T. & Munn, E. “Demystifying Concurrent Disorders for Mental Health Workers.” CAMH, Russell Street site, May 5 and 6, 2005.

Dubois, C. & **Godden, T.** “Concurrent Disorders” training for Problem Gambling Designated Treatment System. Thunder Bay, Nov. 7 – Nov. 9, 2005.

Godden, T. “Concurrent Disorders.” Day 2 of three-day training for Supportive Housing in Peel (SHP), Dec. 12 - 14, 2005.

Godden, T. & Munn, E. “Introduction to Concurrent Disorders.” CAMH, Russell Street site, Feb. 22 and 23, 2006.

Godden, T. “Applications of Motivational Interviewing: ABI and Substance use.” For managers at CHIRS, March 24, 2006.

Godden, T. “Goal Choice: Balancing client self-determination and professional responsibility in substance use treatment. Presentation to Addiction Therapy discipline, April 24, 2006.

Godden, T. “Goal Choice: Balancing client self-determination and professional responsibility in substance use treatment. Addiction Program Rounds, May 26, 2006.

Godden, T. & Munn, E. “Introduction to Concurrent Disorders.” CAMH, Russell Street site, Sept. 21 and 22, 2006.

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TRAININGS AND PRESENTATIONS (continued):

Cooper, C. & **Godden, T.** “Motivational Interviewing.” CAMH, Russell Street site, Sept. 27 & 28, 2006.

Godden, T. & Lemsy, C. “Clearing the Path for Change: Using Motivational Interviewing to Enhance Self-awareness and Collaboration. Presentation to Toronto ABI Network Conference, Nov. 23, 2006.

Godden, T. “Adapting M.I. for use with Acquired Brain Injury and Substance Use: The latest chapter of a productive hospital-community partnership.” Poster presentation to the Motivational Interviewing Network of Trainers Forum, Miami, Florida, Dec. 1 and 2, 2006.

Godden, T. “Motivational Interviewing: What’s new?” CAMH Social Work Rounds, Dec. 7, 2006.

Godden, T. & Sagorsky, L. “Motivational Interviewing.” Training for the CAMH Work Adjustment Program, March 22 & 27, 2007.

Godden, T. “MI and Acquired Brain Injury: Challenges and Possible Solutions for Clients with ABI.” Presentation at the Motivational Interviewing Network of Trainers (MINT) Forum, Sofia, Bulgaria, Sept. 22, 2007.

Cooper, C. & **Godden, T.** “Motivational Interviewing.” CAMH, Russell Street site, Nov. 22 & 29, 2007.

Godden, T. & Skinner, W. Motivational Interviewing for Concurrent Disorders Provincial Community of Practice training, CAMH, Russell Street site, Feb. 25 – 27, 2008.

Godden, T. & Lemsy, C. “Substance Use and Brain Injury.” A training for counselors, program managers and physicians of the B.C. Interior Health Network, Kamloops, B.C. March 3 – 5, 2008.

Godden, T. “Paving the way for change: A brief tour of Motivational Interviewing”. Presentation to the Ontario College Counsellors/College Committee on Disability Issues conference, Huntsville, Ont., May 14, 2008.

Godden, T. & Hurford, B. “Structured Relapse Prevention.” Anishnawbe Health, Toronto Ont., May 26, 2008.

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TRAININGS AND PRESENTATIONS (continued):

Cooper, C. & **Godden, T.** “Motivational Interviewing.” CAMH, Russell Street site, June 23 & July 7, 2008.

Godden, T. & Katz, D. “Group Work.” Anishnawbe Health, Toronto Ont., Aug. 27, 2008.

Godden, T. & Lemsky, C. “Substance Use and Brain Injury.” A training for counselors, St. Catharines, Ont., Sept 26, 2008.

Godden, T. “Paving the way for change: A brief tour of Motivational Interviewing. Presentation at the Ontario Society of Occupational Therapists conference, Niagara Falls, Ont., Sept. 27, 2008.

Godden, T. “Structured Relapse Prevention for Concurrent Disorders.” Canadian Mental Health Association, Windsor, Ontario, Oct. 17, 2008.

Godden, T. “50 First Therapy Sessions: How MI can be helpful in working with clients with brain injury.” Presentation at the Motivational Interviewing Network of Trainers (MINT) Forum, Albuquerque, New Mexico, Oct. 23, 2008.

Cooper, C. & **Godden, T.** “Motivational Interviewing. Level 2.” CAMH, Russell Street site, Oct. 28-29, 2008.

Godden, T. “Introduction to Motivational Interviewing.” College Committee on Disability Issues, Queen’s Park, Toronto, Ont., Nov. 6, 2008.

Godden, T. “Introduction to Motivational Interviewing.” COTA Health, Toronto, Ontario, Nov. 17, 2008.

Godden, T. & Whittington, K. “Introduction to Concurrent Disorders.” CAMH, Russell Street site, Nov. 27-28, 2008.

Godden, T. “Introduction to Motivational Interviewing.” Jewish Vocational Services, Toronto, Ontario, Dec. 8, 2008.

Godden, T. & Tupker, E. “Motivational Interviewing. Day 2.” College Committee on Disability Issues, CAMH QS site, Toronto, Ont., Feb. 5, 2009.

Ernst, D., Yahne, C., Burke, P. & **Godden, T.** MINT-endorsed TNT, Toronto, Ont., March 30 to April 1, 2009.

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TRAININGS AND PRESENTATIONS (continued):

Marshall, C., Burke, P., Sheftel, A. & **Godden, T.** MINT-sponsored TNT in Sheffield, UK, Sept. 2011.

Cooper, C. & **Godden, T.** Motivational Interviewing for Youth & Family Workers. Brantford, Ontario. Oct. 17 & Nov. 14, 2011. (Training was a part of a multi-site knowledge translation research partnership with The Hospital for Sick Children, which also included a six-month follow-up coaching program for the staff and supervisors of the four participating community agencies, running from Dec. 2011 to June 2012).

Godden, T. & Lemsky, C. SUBI (Substance Use Brain Injury) workshop for community-based service providers, Dec. 1 & 2, 2011, 175 College Street, Toronto, Ontario.

Godden, T. Motivational Interviewing in Criminal Justice: Thoughts on Balancing the Dual Relationship. Presentation to the Canadian Association of Drug Treatment Court Programs annual conference, March 1, 2012, Toronto, Ontario.

Godden, T. & Wolff, Jodi. MI in the forensic mental health practice context. For the Law and Mental Health Program, CAMH, Toronto, March, 2012.

Cooper, C. & **Godden, T.** "Motivational Interviewing and Concurrent Disorders in Youth." For Child Youth and Family outpatient and inpatient teams, CAMH, Toronto, June 18, 19, 25 & 26, 2012.

Dunn, C., **Godden, T.**, Hall, A., & McKenzie, K. MINT-sponsored TNT in Fort Wayne, Indiana, Sept. 2012.

Godden, T., Cooper, C., Cohen, S. & Skinner, W. "MI Training Adventures in the Wild World of Community Based Research: MINTies as Ethnographers." 2013 MINT Forum break-out session, Krakow, Poland.

Skinner, W., Godden, T., Cooper, C., & Cohen, S. "Story Weaving: evoking the spirit of MI with learners in large group settings." 2014 MINT Forum break-out session, Atlanta, U.S.A.

Godden, T. Motivational Interviewing workshop and follow up coaching calls for Family Navigation Project team, Sunnybrook Health Sciences Centre, Jan. to May, 2015.

Godden, T. Motivational Interviewing workshop for Bridges to Housing & Inner City Family Health Team, Toronto, May 30 & 31, 2016.

SUPERVISION EXPERIENCE:

- Supervision and performance reviews of staff as part of Advanced Practice Clinician role, Nov. 2004 to present.
- Field educator for MSW student from Faculty of Social Work, University of Toronto, 2003 – 2004.
- Field educator for MSW student from Faculty of Social Work, University of Toronto, 2002 – 2003.

COMMITTEE AND VOLUNTEER WORK:

- Executive member of MINT Board of Directors, 2014- 2016 (in roles of Secretary in 2014 and Treasurer in 2015 and 2016).
- Co-chair of CAMH Social Work Research Interest Group.
- Co-chair of Addiction Program Quality Council, CAMH.
- Member of CAMH Quality Council.
- Co-chair of Addiction Program Codes Steering Committee.
- Member of team developing CAMH's on-line Motivational Interviewing Course (Spring-Fall, 2005)
- Member of screening and assessment tools working group, CAMH Concurrent Disorders priority project.
- Member of team planning and implementing agency-wide Concurrent Disorders training initiative at Centre for Addiction and Mental Health.
- Member of team developing on-line course on pharmacology issues in Concurrent Disorders.
- Member of Concurrent Disorders Service Advisory Committee.
- Collaborated on content review for second edition of Back on Track Participant Workbook.
- Member of Brentcliffe site Harm Reduction strategy working group.
- Health Records Committee, CAMH, 2000 – 2003.
- Member of Graduate Student Association executive, University of Toronto, Faculty of Social Work, 1998 - 1999.
- Daily Bread Food Bank (three years).
- Out of the Cold Program (three seasons).

CERTIFICATES:

- Whitewater Canoeing Instructor's Certificate, Ontario Recreational Canoe Association.
- CPR and First Aid certificate.
- Bronze Cross swimming certificate.

INTERESTS AND HOBBIES:

Parenting, scouting, creative writing, canoeing, skiing, swimming.

References available on request.