

## **2017 proposed Pre-Forum Workshop**

### ***Creating Imaginative Learning***

**1. Title of workshop: *Creating Imaginative Learning: being the best MI trainer you can be***

**2. Description**

The course covers five key principles of brain-friendly learning: from managing emotional state, to keeping it real for learners. Participants will learn to adapt and expand their training methods, creating learning experiences which use all the senses and the full richness and potential of the brain.

Participants may already be great trainers. But this course can help them shine a different light on their training, adding much more in order to make their course 'sing' and touch their participants so that they are creating their own learning. The principles of CIL fit very well with MI. If we trust people to have the ability and desire to generate learning that is meaningful to them, and provide the opportunities and guidance, together we can create a great experience.

Throughout the 2 days, participants will continually come back to their own training design project, and will get plenty of practice in facilitation and delivery. We know that a training course is only a short event in a much longer learning process, and we will also look at ways to plan for 'set-up' and 'set-down' of courses which enable that learning to be used and embedded.

Participants will use MI skills throughout. They will gain in confidence, and they will have fun!

**3. Background**

Creating Imaginative Learning (CIL) is a trainer development course that was developed by NHS Health Scotland in 2006, and has been revised and updated a number of times since. It is designed specifically for individuals who are looking to gain and increase their abilities as trainers. NHS Health Scotland is the national body in Scotland with responsibility for health improvement, reducing health inequalities, and for developing and supporting trainers from all sectors. The facilitators of this workshop are both approved by NHS Health Scotland to deliver CIL.

The course is based around the latest research into brain friendly learning techniques and accelerated learning principles. It is designed to focus on the learner by providing an enriching learning environment with practical tools that can immediately be used in courses.

This course was redesigned especially for Motivational Interviewing (MI) trainers and coaches from throughout the UK and delivered in Inverness in June 2016. This is what UK MINTies said:

"This is the most useful and enjoyable course I have attended"

"All MINTies should do this course!"

"Take it to the forum"

"It reaches so many levels"

## **Learning objectives:**

Participants will:

- Experience a rich and multi-sensory training environment that will engage and inspire them
- Demonstrate, through their own facilitation, an understanding, and commitment to the five principles of *Creating Imaginative Learning*
- Understand the importance of, and learn how to influence, their own emotional state and that of groups they work with
- Understand the importance of multi-sensory learning to create memory
- Understand the role of multiple intelligences and learning styles in adult learning
- Demonstrate the use of MI as a trainer
- Have a wide range of tools available to them that they can use immediately to create even more imaginative learning in their work
- Design or re-design a learning intervention using CIL techniques
- Create tools and activities to apply their learning to the work they do
- Be even more confident, and prepared, to provide learning sessions, make presentations and run sessions for colleagues and others that they work with.

## **4. Duration**

This course usually covers 3 days. This workshop will be a specially adapted 2 day variation on the original 3 day course.

## **5. Workshop presenters**

**Jane Groves**, Consultant and Trainer, UK MINTie; approved by NHS Health Scotland to deliver *Creating Imaginative Learning*

**Fiona Clarke**, Consultant and Trainer, UK MINTie; approved by NHS Health Scotland to deliver *Creating Imaginative Learning*

The facilitators are both very experienced MI practitioners and trainers, and are members of the Motivational Interviewing Network of Trainers. Both are also trainers with long experience delivering a wide range of courses in the area of health improvement, including training for trainers. They have delivered *Creating Imaginative Learning* to trainers throughout Scotland since 2006.