

PATRICK BERTHIAUME

Objectives

- Pursue my career in order to support the integration of the best practices in intervention
- Exploit and disseminate my skills and knowledge related to motivational interviewing

Skills

- Comprehension of the health care and social services system;
- Practice in institutional and community settings;
- Conduct and design training in motivational interviewing for several fields of the health system;
- Participation in various training and motivational interviewing related conferences;
- Ease to work in a multidisciplinary team.

Professional experience

Since 2008 – Free-lancer – ***Consultant promoting the distribution and integration of motivational interviewing***

- Design, plan and conduct training on motivational interviewing in several areas of Quebec and abroad in various fields of health;
- Support the clinical integration of motivational interviewing through mentoring or coaching;
- Evaluate the clinical or institutional practice of motivational interviewing;
- Empowering the community to promote support for clinical practice based on motivational interviewing;
- Consultant on various projects using motivational interviewing as an intervention approach.

Since 2006 – Faculty of medicine, Université de Montréal- ***Motivational interviewing trainer - training instructor in community health medicine***

- Plan, organize and conduct a workshop to raise awareness of motivational interviewing in the medical practice;
- Assess the acquired motivational interviewing skills by community health medicine fellows;
- Coordinate and supervise training for community health medicine fellows regarding the health of various populations: lesbians, gays and bisexuals (LGB), street youth, sex workers and people living with HIV (PLHIV).

2012-2013 - Centre de santé et des services sociaux (CSSS) Jeanne-Mance - **Clinical activities specialist (professional coordination)**

- Support all team moderators in the pursuit of their mandate by offering clinical supervision involving the application of motivational interviewing;
- Keep the team informed on recent epidemiological data related to sexually transmissible and blood-borne infections (STBBI) as well as on the best practices for intervention with at-risk clients;
- Make sure that members apply guidelines for public health prevention of STIs;
- Initiate interdisciplinary supervision and case study discussions related to the practice of motivational interviewing.

2009 – 2012 - Ministère de la Santé et des Services sociaux du Québec - **Research and social and health planning agent**

- Plan, guide and coordinate the implementation strategies for the fight against HIV/AIDS, STIs and HCV in order to carry out the service's health promotion and prevention mandates;
- Establish organizational and financial monitoring with the different health regions in order to establish efficient and effective prevention programs and to produce management reports on expected results;
- In charge of the prevention and health promotion sector with management and health networks and community-based partners;
- Provide support and plan the integration of motivational interviewing within preventive clinical practices in the health network.

2009-2011 – EMPIR research project, Université de Sherbrooke - **Supervisor and moderator**

- Provide training and integration of motivational interviewing as part of a research project on injecting drug users (IDUs);
- Manage the motivational interviewing component following randomized participant selection.

2008-2012 - AIDES France - **Designer and trainer**

- Design training workshops based on motivational interviewing interventions for populations most affected with HIV;
- Plan, organize and conduct workshops for moderators in community-based environments in several areas of France;
- Training trainers to conduct this workshop.

2007 – CSSS Jeanne-Mance - **Designer and psychosocial moderator**

- Write a document pertaining to the organisation of psychosocial services for the SIDEP group at the CSSS Jeanne-Mance, des Faubourgs section;
- Ensure psychological support for people recently diagnosed with HIV or living with HIV;
- Participate in the creation of a health comity for gays at the CSSS Jeanne-Mance.

2006-2007 - Institut national de santé publique du Québec - **Sexuality and drug use intervention Consultant**

- Supervise the work carried out by specialists for the design and development of an educational training program entitled "Prevention of STBBI - Sexuality and drug use among young people: clues for better interventions.

2004-2009 - Direction de santé publique de Montréal – *Ongoing mandate*

- Provide support for health care professionals on various legal and ethical issues concerning HIV/AIDS;
- Taking on an advisory role for interventions involving people living with HIV and not taking the necessary precautions;
- Ensure preventive intervention for people living with HIV and their partners (IPPAP)
- Provide support for professionals working in public health and community health medicine to acquire more knowledge regarding such issues as STIs, day to day living of people vulnerable to STIs and IPPAP.

Specific mandates

2008-2009 - **Educational techniques Agent**

- Provide support to CSSS towards integrating the best practices of interventions to promote the use of safe behaviors among populations vulnerable to STIs, mainly through a local approach;
- Develop, plan and conduct practices for nurses and psychosocial moderators in Montreal CSSS working in STI prevention for vulnerable populations;
- Design and conduct training on motivational interviewing in the context of STI and HIV/AIDS prevention;
- Develop a training workshop on intervention for people with risk behavior of transmitting or contracting HIV or HCV.

2005-2007 – **Planning agent**

- Develop a proposal to offer preventive services in sexual encounter venues for men having sex with men (MSM);
- Participate in budget planning for community organization grant proposals;
- Provide liaison between community organizations, CSSS, specialized STI clinics and public health department mainly regarding outbreaks of syphilis among MSM;
- Develop a regional plan of action and a logical framework for the promotion of health and prevention of STI / HIV among MSM;
- Participate in the development plan of emergency measures and support strategies for STI prevention among MSM in the Outgames 2006.

2004-2005, 2007-2008 - **Social and health education agent**

- Ensure partner notification, monitoring and referral of people infected with an STBBI;
- Support a practice based on motivational interviewing to promote safer sexual behaviors;
- Participate in the development, implementation and evaluation of a provincial syphilis testing campaign among MSM;
- Coordinate and plan a field investigation regarding the prevention of syphilis among MSM in Montreal;
- Develop training activities to update knowledge on STIs and integration of best practices among moderators in community organizations;
- Plan and conduct a survey of healthy environments and preventive measures for Montreal MSM using saunas.

2004-2005 – Montreal police department – **Designer and trainer**

- Develop a training workshop regarding street youth, sex workers and the community intervention;
- Plan, organize and conduct this workshop for police officers working in the downtown area of Montreal;
- Appraise the appreciation and accomplishments of the workshop.

2000-2004 - Action Séro-Zéro, Montréal – **Coordinator and moderator**

- Support moderators involved in the prevention of STBBIs and their intervention towards MSM;
- Plan and coordinate projects involving the prevention of STBBIs and HIV/AIDS in collaboration with institutional and community settings;
- Respond to different audiences in surrounding MSM populations: support, intervention plan, individual support and testing promotion;
- Represent the organization at various roundtables;
- Provide support to moderators at the Centre Jeunesse de Montréal regarding homosexuality, drug addiction and male prostitution.

1999-2000 – Intervention project involving minor prostitutes, Montreal - **Moderator**

- Organize and conduct seminars in schools on sexuality and substance abuse awareness;
- Implicated in the intervention of youth involved in the sexual industry;
- Provide individual support: support, listen and offer referrals.

Education

- 1999 Bachelors in sexual therapy
Université du Québec à Montréal (UQAM)

Professional achievements

- 2015 Translation of the MITI 4.2 with Cristiana Fortini and Jacques Gaumes.
2015 Co-Trainer MI in Groups, Chris Wagner, Paris, France
2014- Trainer and encodeur- Research on the impact of MI in HIV treatment – Paris, France
2014- Motivational interviewing network of trainers – Member at large of the Board of Directors
2014 Co-Trainer MI in Groups, Chris Wagner and Florence Chanut, Montreal, Canada
2012 Association francophone de diffusion de l'entretien motivationnel – Speaker: « L'entretien motivationnel de groupe et le retour du MINT Forum ».
2011 Association francophone de diffusion de l'entretien motivationnel – Speaker: « L'implication du discours changement dans la formation ».
2011 MINT Sheffield UK – Training trainers in motivational interviewing
2010 Centre de santé et de services sociaux du Sud de Lanaudière – Trainer and supervisor for adult mental health programs and services team.
2010- Louis-H Lafontaine - Trainer and supervisor the mental health programs and services team.
2010- Direction de santé publique de Montréal – Motivational interviewing consultant for the health education center.
2009 Regroupement des professionnels des sexologues du Québec – Designer and trainer for a motivational interviewing workshop.

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- 2009 Association francophone de diffusion de l'entretien motivationnel – Speaker: « Les critères de qualité à l'intégration de l'entretien motivationnel ».
 - 2009 Direction de santé publique de la Montérégie – Speaker: « L'entretien motivationnel dans les interventions favorisant l'adoption de comportements sécuritaires ».
 - 2008 Association francophone de diffusion de l'entretien motivationnel – Speaker: « Intégration de l'entretien motivationnel dans le réseau de la santé au Québec ».
 - 2008 Association francophone de diffusion de l'entretien motivationnel – Canadian representative on the board of directors
 - 2008 Chaire de recherche du Canada en éducation à la santé – UQAM – Motivational interviewing counseling consultant aimed at rapidly testing MAM populations for HIV.
 - 2008 AIDES France – Designer and instructor for a workshop on counseling for STBBI vulnerable populations
 - 2008- Ministère de la Santé et des Services sociaux - Consultant for a team reflecting on the integration of motivational interviewing in the health care system.

Additional training

- 2015 Motivational Interviewing Network of Trainers (MINT) Forum, Berlin, Germany
- 2015 “Thinking aloud: The inner experience of MI”, William Miller and Stephen Rollnick, MINT Forum workshop, Berlin, Germany
- 2014 MI advance practice, Stephen Rollnick, Geneva, Switzerland
- 2014 Workshop «Improve our training », Stephen Rollnick, Geneva, Switzerland
- 2014 MITI 4.0, Teresa Moyers and Denise Ernst, MINT Forum workshop, Atlanta, USA
- 2014 Motivational Interviewing Network of Trainers (MINT) Forum, Atlanta, USA
- 2014 International Conference on Motivational Interviewing (ICMI) Amsterdam, Hollande
- 2014 MI-consistent Practices in Research and Practice Settings, William Miller and Teresa Moyer, International Conference on Motivational Interviewing, Amsterdam, Hollande
- 2014 Soutien à la formation et co-animation MI in Groups / l'entretien motivationnel de groupe, Chris Wagner en co-animation avec Dre Florence Chanut, Montreal, Canada
- 2013 Journée francophone des formateurs en entretien motivationnel, Paris, France
- 2013 Formation au *Motivational Interviewing Skill Code* (MISC), Jacques Gaume CHUV Lausanne, Paris, France
- 2013 Training on *Motivational Interviewing Treatment Integrity* (MITI), Cristiana Fortini, MINT et Jacques Gaume CHUV Lausanne, Montreal, Canada
- 2012 Motivational Interviewing Network of Trainers (MINT) Forum, Fort Wayne, USA
- 2012 MI in Groups, Chris Wagner et Karen Ingersoll, Motivational Interviewing Network of Trainers (MINT) Forum, Fort Wayne, USA
- 2012 International Conference on Motivational Interviewing (ICMI) Venice, Italy
- 2012 Getting it right: fidelity to MI treatment and research settings, Teresa Moyer, International Conference on Motivational Interviewing, Venice, Italy
- 2011 Supervising and coaching staff using Motivational Interviewing, Stephen Andrews, Portland, USA
- 2011 Motivational Interviewing Network of Trainers (MINT) Forum, Sheffield, UK
- 2011 Journée francophone des formateurs en entretien motivationnel, Geneva, Switzerland

- 2010 Évoquer et répondre au discours changement – une compétence avancée en EM, William Miller, Teresa Moyer and Joel Porter; Favoriser les formations dynamiques et engageantes – Surfer sur la vague, Steven Malcolm Berg-Smith, Motivational Interviewing Network of Trainers (MINT) Forum, San Diego, USA
- 2010 Journée francophone des formateurs en entretien motivationnel, Luxembourg, Luxembourg
- 2010 International Conference on Motivational Interviewing (ICMI), Stockholm, Sweden
- 2010 What's new since MI-2?, William Miller, Stephen Rollnick, International Conference on Motivational Interviewing (ICMI), Stockholm, Sweden
- 2010 Formation au *Motivational Interviewing Treatment Integrity* (MITI), Cristiana Fortini, MINT et Jacques Gaume, Paris, France
- 2009 Journée francophone des formateurs en entretien motivationnel, Brussels, Belgium
- 2009 Motivational Interviewing Network of Trainers (MINT) Forum, Sitges, Spain
- 2009 Journée francophone des formateurs en entretien motivationnel, Paris, France
- 2009 Influence et Leadership, Institut national de santé publique du Québec
- 2009 Supervising the implementation of *Motivational Interviewing Treatment Integrity* (MITI), Douglas Hospital, Montreal
- 2008 Training trainers in motivational interviewing, Motivational Interviewing Network of Trainers (MINT), France
- 2008 International Conference on Motivational Interviewing (ICMI), Interlaken, Switzerland
- 2008 Optimizing Helpfulness – Advancing Practitioner Competence in Motivational Interviewing, International Conference on Motivational Interviewing, Interlaken, Switzerland
- 2008 La supervision et la communication, Agence de la santé et des services sociaux de Montréal
- 2007 Basic training in motivational interviewing (level I), Association francophone de diffusion de l'entretien motivationnel, France