

Online Interactive Learning

Motivational Interviewing: The Basics

About this Training:

- This will be a small group, highly engaging and interactive experience. Motivational Interviewing is a client-centered, evidence-based directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. This training will discuss this effective approach provide participants with an opportunity to explore creative ways of integrating these approaches into an effective therapeutic intervention. This online facilitated training will be an interactive experience for a multi-disciplinary audience. Participants will engage in experiential methods such as information exchange, listening to recordings, group discussions, paired skills practice, and self-reflective exercises.

Audience:

- Social workers, healthcare professionals, recovery coaches, counselors, and workers who have direct interactions with the people we serve.

Objectives:

- Learn the fundamentals of Motivational Interviewing (MI) spirit, structure & skills
- Explore ambivalence as a barrier to change
- Learn and practice MI on “challenging” people through role playing and discussion

Details:

- October 20 & 21, 2020, 10am - 2pm Eastern Time (USA)
- Two two-hour follow-up sessions with the trainer, the next two Tuesdays at 10 am
- Continuing Education Contact Hours: 11
- Cost: \$175/person, includes 16 weekly follow-up emails reinforcing the concepts

Bob Jope, LMHC

is a member of the Motivational Interviewing Network of Trainers. He teaches Motivational Interviewing as an adjunct faculty member at Salve Regina University, Rhode Island College, and previously at the University of Massachusetts Boston; he is also a consultant with the Addiction Technology Transfer Center at Brown University and works as a Motivational Interviewing coder for a nationally-recognized coding lab. Bob is the lead trainer for Jope Consulting Services, has taught Motivational Interviewing at agencies all over New England, and consults internationally on teaching and coding the method.



Details & Registration: <https://www.hetimaine.org/mi-basics>



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