

# YOU'RE INVITED

## MOTIVATIONAL INTERVIEWING INTERMEDIATE/ADVANCED WORKSHOP

Pathways to  
empowerment

This two-day workshop is an active and interactive Motivational Interviewing (MI) Intermediate and Advanced Program designed to enhance and accelerate the of practice MI skills, using MI adherence principles with an emphasis on spirit, deep empathic listening, guided practice and feedback.



### ABOUT THE TRAINING

Motivational interviewing is a collaborative conversation style toward a change goal that addresses the common problem of ambivalence and resistance while strengthening intrinsic motivation and commitment to change.

### WHAT YOU'LL LEARN

- Review of MI Fundamentals: Spirit, Strategies, and Skills
- Re-examine the key concepts of ambivalence, change talk, and discord (resistance)
- Explore practice the development of core skills in the Four Processes of
- Engagement, Focusing, Evoking, and Planning
- Elevate the knowledge and practice of MI in a learner's setting of conversation change
- Receive feedback and coaching consistent with MI practice

### EVENT DETAILS

**WHEN:** Oct 19th & Oct 20th, 2023

**WHERE:** Location: Aviary Recovery Center, 333 S Kirkwood Rd, St, 305, MO 63122 (Inside PNC Bank)  
9am-4:30pm Registration 8:30am

### WHO THIS TRAINING IS FOR:

Helping professionals including psychologists, social workers, professional counselors, recovery coaches, MH/SA/PG counselors.

*12 Continuing Education Credits Available*



### MEET YOUR TRAINER, DEBRA NEAL

Debra Neal is a member of the International Motivational Interviewing Network of Trainers (MINT). Speaker, author, counselor and trainer. For the past 20 yrs, Debra has used her experience in her own private counseling practice with couples counseling, addiction and compulsive behaviors, as well and anxiety and mood disorders.

*"This is the first training I have been to that I can visualize myself returning to my agency and using what I learned". Training Participant, Chicago, IL*

### SAVE YOUR SPOT. REGISTER TODAY.

- Early bird \$280 by Oct 4th
- Regular \$310 after Oct 4th
- 3 or more same agency \$260 per person by Oct 4th
- 3 or more same agency \$290 per person after Oct 4th

### SIGN UP BY VISITING:

[MAILCHI.MP/PATHWAYSTOEMPOWERMENT/ST-LOUIS2](https://mailchi.mp/pathwaystoempowerment/st-louis2)

**QUESTIONS?:**

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