



Hello

I would like to thank you for receiving my candidature for the MINT Board.

I am part of the MINT family for five years now. It's a place where I'm learning to grow up and evolve with people that I love being with.

1. Please describe your experience in MI in any or all of the following roles: practitioner, trainer, supervisor, researcher, and/or administrator.

I am a sexologist by training. I'm working in the field of prevention against sexual and blood-borne transmitted infections (SBBTI) as well as harm reduction, mainly with regards to HIV and hepatitis C (HCV) infections. With motivational interviewing, I expanded my fields of practice to the entire health behaviors of clients. My work promotes MI to facilitate prevention efforts in health care settings, mainly for doctors, nurses and psychosocial workers.

It was by coincidence in life that I have experienced motivational interviewing. It's been two years now that I left a long history as a sex street community worker. I held a post of public health; my main objective was to create a training program concerning prevention interventions SBBTI with youths. This is how within my research on best practice I have found myself oriented into motivational interviewing.

After reading about MI and attending my first MI training, I instantly felt in love. I found myself at the discovery of a new world where the reference points made sense. This approach took me between the balance of something human and intuitive, and also, a rigorous willingness for scientific aspects. I started a professional practice of the MI during my interventions of STIs in facilitating the adoption of safe sex practices.

This exciting discovery has me wanting more. I started teaching medical students at the University of Montreal. I also started a study on the impact of motivational interviewing in SBBI and prevention counseling. I signed up to supervise groups where I began to better understand the importance of supervision in order to enrich and improve my MI practice.

I did my TNT in Thann, France on November 18-21, 2008. My trainers were Guy Azoulai, Pascal Gache, Dorothée Lécailler, Philippe Michaud and Johanna Sommer. I was very proud to be there and part of the MINT family. Few months later I was approached to be part of a randomized study to ensure that the MI interventions were compared to an educational approach to increase harm reductions with injection drug users. In this research, I had the chance to be supervised for two years. Interviews were reviewed and evaluated. This experience helped me open up to the importance of the MI spirit before trying to apply techniques. I learn that it's more a *how to be* than a *how to do* counselling approach. That's how I really improved my skills.

Today my involvement is not restricted to preventing SBBI (HIV, HCV or other STIs). I do follow-up sessions with people infected with HIV or HCV or with risk takers, mainly injection drug users and men who have sex with men. My practice is also divided between different health care follow-up and research on harm reduction counselling. I'm based in a clinic in downtown Montreal, Canada.

In Quebec, the interest in motivational interviewing takes an increasingly important role in the health care environment. After I started my TNT, in addition to my work, I provided basic and advanced training adapted to the needs and realities of participants. Training demand has increased significantly. I now provide one to two days of training per week minimum. These training courses are aimed for different audiences (doctors, nurses, psychosocial involved, dietician etc.) and in different fields (mental health, chronic diseases, addictions, smoking cessation, prevention SBBI, etc...).

In the present context, public health institutions want to invest in training that will bring achievements in time. Motivational interviewing has demonstrated the importance of supervision and coaching for the maintenance and enhancement of skills. In the past few years more and more institutions asked for my services to match their number of supervised training sessions. Therefore, I offered two days along with 12-hour supervised of smaller groups allowing us to start with the personal practice of each one and really deepening the potential of MI training.

I participated in different level of research. Sometimes, as a trainer and supervisor to evaluate the efficacy of counseling in a context of the effect of a rapid-results HIV test on sexual risk behaviors. We compared standard counseling with our SBBI guidelines and counseling based on a MI approach. I've been trained of the MITI and the MISC so, I was involved in two researches (HIV counseling and addiction) as an evaluator and coder for validating MI skills. I also participated as a counselor, by phone and in person, in some research to ensure the interventions of motivational interviewing.

Since last year, I hold an important role in the implementation of MI in a large institution. With the reading of several studies on the implementation of MI, I supported the

development of the planning and participated in the implementation of several projects in which I am still involved today.

My resume relies on all the training that I received and the different implications that I had related to MI.

2. Please describe your involvement in MINT and any activities that demonstrate your commitment or service to MINT.

MINT refers to a grouping of trainers seeking to disseminate good practices of motivational interviewing. Since I am still learning to master the motivational interviewing. Among other things, this rigorous willingness and quality importance, kept me updated and helped me go further in my practice and my knowledge of MI. Since my TNT, I attended all the forums and ICMI. Every time, it fed my evolution, and allowed me to organize valuable meetings to exchange about the practice.

Since the beginning of my integration in MINT, I hold a strategic post within the Board of AFDEM (French Association for the dissemination of motivational interviewing). In this role, it always seemed to me important to represent the Francophone community in MINT.

A very large contribution for me in the MINT was to ensure the animation of the French TNT Sheffield in 2011 with Pascal Gache. Organization, preparation and particularly the translation of the material was quite an adventure. I couldn't imagine the amount of investment that was necessary. It was important for me to give my best to ensure quality. Teamwork, trade, planning and discipline gave me extensive experience in both personal and professional levels. I have positive memories of that experience.

My involvement in MINT is also to maintain a quality control of motivational interviewing. I try to provide updates and summaries of research or training that I attend. Whether it is through article writing on the AFDEM Website or conferences, in each involvement in MINT, I try to transfer knowledge among people with less aid in English. At meetings with french trainers and some institutions, I offer free presentations to summarize articles or give return on reviews about conferences. Wanting to better reflect the interests of MINT in the francophone community, is a mission that I gave to myself few years ago. It is also for this reason that I always try my best to get involved in the IAC committee.

Among the values of MINT, I also imply the importance of giving. For example, every year, I offer several free conferences and workshops for community organizations and students wanting better integration of MI. I recently gave to the medical clinic, where my family doctor works, a three-hour workshop for the entire clinic etc...

3. Please describe your vision of MINT, its essence and its mission.

In my opinion, motivational interviewing is a fine mixture of human communication skills featuring a flavored designation of the reason the relationship between the speaker and the person consulting, the changing element. When I offer my services this is the task that I give

to myself. I operate my human forces for the reasons of my presence. Head as I consider the MINT I feel the same.

As a MI trainer, I am required to enhance the humanistic spirit in the practice. In order to encourage the practice of this spirit, it seems important that the trainer draw inspiration. In order for a trainer to draw inspiration, it seems that being in a group is enhancing, encouraging and supporting the practice.

In addition, the essence and mission of MINT is, on one hand, to create a membership. Allow a group of individuals to evolve in an environment of sharing, respect and generosity. We find it all in MINT, either by conference offers of workshops, or by efforts to increase the sense membership and community with the Listserv. This great sense of brotherhood, universality and humanism is what emerges from MINT and thereby represents the values of MI.

On the other hand, the MINT promotes the application of good practices in MI. If we bring back the reason for being in MINT, the mission is inter alia to refine and support the exercise training for the practice of motivational interviewing. In this sense, the MINT deploys different ways for its members to be able to offer an up to date and quality training. Whether through the Forums, ICMI, Listserv, the MITRIP or supporting the work of the various committees etc.. MINT does spread the development and severity of motivational interviewing.

I really see the MINT embodying the image of a lighthouse along with time takes the strength and direction with humanism practice to support the integration of motivational interviewing.

4. What do you view as the main issues facing MINT since incorporation? What are your ideas for addressing these issues?

I feel like that the evolution of MI sometimes is beyond the means and the reality of everyone in the present. Willingness and some situations shall ensure that sometimes things progressing rapidly and others less. The adaptation, openness and respect are encouraged to be reflected much in the daily MINT. It appears to me, in my opinion, three major issues to highlight that are also intermixed.

The MINT mission is mainly to give its members ways in order to be able to support the integration of good practices of intervention based on motivational interviewing. There has been a lot of investment made to strengthen the practice of an MI trainer. However, as Bill Miller says so well it's not after two days of piano lessons that we become a pianist. Thus, issues to support the practice of motivational interviewing seem to me a major support to promote within the MINT. What do we offer due to our training for aiming the integration of MI?

MINT is currently left with an accreditation issue. It is not simple to have a neutral and clear view of what position to take. The reality of MI makes for a practical intervention or research that it may be important to confirm that it's definitely an MI practice. Having an accreditation could be sustaining and facilitating for many people. Having a role as a certifier implies an administration and an organization which may complexify some issues. Members of MINT will

they need to be all certified? Does certification also recognize the practical trainer? In addition, on what basis can we actually certify this practice? Is only a MITI enough? Several questions are raised by this approach.

The major issues that I perceive are how to determine the requirements for certification in purpose to define the procedure for some people to be recognized to ensure that certification and support the administrative organization of this recognition. I really appreciate the MINT initiative board to return to its members. Krakow Forum will include a spot to reflect on these issues.

This reality brings us back to another issue that I think is important, how as an organization it is possible to support, strengthen and promote better integration of the MI practice. Being formed is one thing and incorporate it into practice is another. Whether as a result of training, or for example if a person is denied the certification how do we propose to ensure their MI skills? This certification application supports the importance that members of MINT will be able to provide and promote services strengthening the MI practice. A workshop on supervision will be provided during the pre-forum Guy Undrill, I appreciated it a lot and I signed up. I actually believe in the relevance of supporting training and other initiatives to facilitate increasing skills of participants following the training. Therefore it seems to me that the MINT mission is to support its members to practice ways to strengthen the offers after trainings in purpose to ensure that the participants will have better integration of their MI practice.

By its international reality motivational interviewing thrives in many cultures and in different languages. This fact appears to me as a very important issue. Being myself native of a french-speaking city in North America, I understand that it remains easy to integrate into a group and an appropriate approach to a language that is not ours. In some cultures it's not only the language but also cultural concepts that are different. This diversity is also our strength. This determination that the MINT is the most accessible for all is on the agenda for a long time. Several efforts have resulted, among others, the implementation of the IAC committee where I attempted to represent the francophone reality. To be part of a Francophone association, members are eager to learn and advance their skills. In MI, the language remains a major obstacle for multiple people for their development. International communities need support and structure. The establishment of regional guidelines will, hopefully, allow for closer connections with the different realities. It remains that the deployment of MINT in different languages is an important organization and need some financial support. The board has among other things, the task of supporting and the strengthening of ties between communities and facilitates membership and ownership. Planning and organizing a structure to support these and other international financial initiatives should be considered in the near future. I remain a faithful witness of the work already begun by the IAC committee.

- 5. Please describe any experiences you have had in serving on other committees or boards, either in a professional or personal capacity that might support your candidacy. Specifically, include dates of involvement, positions held, experience of working as part of a team, challenges of the positions held, successes and frustrations. How have these experiences prepared you for serving on the MINT Board?**

Since I received my TNT, I serve as an administration member on the board of AFDEM. So since 2008, I'm a Canadian representative. In addition to this, I worked from 2009 to 2011 as treasurer and starting from 2011 a Vice-President.

These experiences made me realize that I had more skills to handle several important cases. This awareness always returns to the essence of the mission to inform our choices. This ability, to take the lead, and propose ideas to advance things while respecting and seeking the cooperation of others. As a representative of Canada, I found it important to me to create links with Canada Minties and learn how to get to know the other French-speaking communities in Quebec and throughout Canada. I organized several training and workshops allowing colleagues speaking French in Europe to come and share their learning. I have in heart to put efforts to promote best MI practices to include the participation of other primary mission that motivational interviewing can be accessible to a large number of professional.

Every year we organize a meeting of French trainers and we try to go to different involved Francophone countries. These meetings, somewhat like the forums, are an opportunity to get together with trainers and thereby improve the performance of our training. I'm still very involved in the development and organization of these events. I am someone who encourages the creation of sub-committee working closer together. It is through a synthesis of progress that the information circulates to other members of the board. These are beautiful moments for me, all this work, co-operation and support that we gathered around common goals. We also had the most difficult periods or divergent positions may elicit instant reactions. During these times, the objectives of the mission must take a greater role because sometimes, wanting to get ahead can gain on the upper hand to give a chance for the others. At these times, I get more and more to temper the emotional focus for me on the mission and the most concerned people this is in other words members and participants.

According to the responsibilities, the level of my involvement was different. It became more difficult for me to be the treasurer by the fact that I was too far away (the organization is based in Paris, France) to facilitate administrative procedures. We have found ways to overcome the difficulties but at the end of my term I thought it was favorable for the organization that a person from the same country should be in my place. The role of Vice President is close to my heart, I am aware of the responsibility that the position entails. I try to ensure the best possible presence despite my physical distance. Some decisions require to be taken and I must remain rigorous, impartial and give good overall performance in this view. This post has led me to make decisions some difficult decisions. It remains that the support of other members of the board, especially the president, becomes even more important.

I learned a lot from those years of experience on the AFDEM board. Ethicals, the board rules, the importance of an enlightened decision and solidarity between colleagues face of difficulties that arise. This experience has allowed me to learn about myself; better identify my skills and knowledge and my strengths to exploit them. I have a good understanding of my role and what represents a commitment like this one. By knowing more about me and I can give the best of myself.

6. Board work currently consists of both operational tasks (keeping the organization functioning day to day) and strategic tasks (overseeing and planning). Describe your interest in and capacities in both these areas.

From the start I knew I was someone with a larger force on strategic tasks. From my work in different health fields, I learned to have a good overview of the issues, develop a better understanding of people's needs and how to navigate while trying to achieve, the power of respect and encourage the participation of the people concerned. I am known for those skills. I engage with members, I am a builder and a good mobilizer. I consolidate the right people to put their profits forces plus, good collaboration support careful planning. I also have a great strength for operational tasks. I'm someone who often thinks of the details and what is being provided. I also know that I must pay attention to improve daily planning of the organization. A slight tendency to refer in the aftermath, which to engage in too much responsibility can bring me to be less harsh on the monitoring of certain things. Over time I've been able to facilitate applications like a "to do" list and put more space in my professional life. Having the humility to figure out the points that needs attention allows me to be a better support to my colleagues in purpose to achieve my goals. When the routine is installed, it becomes easier for me to constantly meet the needs.

7. The typical Board member spends 5-10 hours per week on MINT Board matters. Please indicate how you will integrate this commitment with your ongoing professional and personal activities.

I'm really comfortable with reading, listening and speaking in English. I can't say I'm totally bilingual but I never had any problems being understood and explaining something in English. At the beginning, I would probably be nervous and have some difficulties but I am sure that I will rapidly adapt.

Last year I was approached to send my application to the board. I hesitated for a long time and I agreed it was too early for me to invest myself because I have given a lot from my daily life, especially for business. I am now self-employed, I don't have children so finding time to work on applications of board don't bother me at all. What concerns me most is finding the right time zone to satisfy everyone. My involvement on IAC committee for example is difficult for me because the appointment is late afternoon and I regularly provide MI training so it makes it difficult to be present. It is therefore my only concern because I am not afraid to be able to offer between 5 and 10 hours per week for the purpose of the board.

PATRICK BERTHIAUME

Objectives

- Pursue my career in order to support the integration of the best practices in intervention
- Exploit and disseminate my skills and knowledge related to motivational interviewing

Skills

- Comprehension of the health care and social services system;
- Practice in institutional and community settings;
- Conduct and design training in motivational interviewing for several fields of the health system;
- Participation in various training and motivational interviewing related conferences;
- Ease to work in a multidisciplinary team.

Professional experience

Since 2008 – Free-lancer – ***Consultant promoting the distribution and integration of motivational interviewing***

- Design, plan and conduct training on motivational interviewing in several areas of Quebec and abroad in various fields of health;
- Support the clinical integration of motivational interviewing through mentoring or coaching;
- Evaluate the clinical or institutional practice of motivational interviewing;
- Empowering the community to promote support for clinical practice based on motivational interviewing;
- Consultant on various projects using motivational interviewing as an intervention approach.

Since 2006 – Faculty of medicine, Université de Montréal- ***Motivational interviewing trainer - training instructor in community health medicine***

- Plan, organize and conduct a workshop to raise awareness of motivational interviewing in the medical practice;
- Assess the acquired motivational interviewing skills by community health medicine fellows;
- Coordinate and supervise training for community health medicine fellows regarding the health of various populations: lesbians, gays and bisexuals (LGB), street youth, sex workers and people living with HIV (PLHIV).

2012-2013 - Centre de santé et des services sociaux (CSSS) Jeanne-Mance - **Clinical activities specialist (professional coordination)**

- Support all team moderators in the pursuit of their mandate by offering clinical supervision involving the application of motivational interviewing;
- Keep the team informed on recent epidemiological data related to sexually transmissible and blood-borne infections (STBBI) as well as on the best practices for intervention with at-risk clients;
- Make sure that members apply guidelines for public health prevention of STIs;
- Initiate interdisciplinary supervision and case study discussions related to the practice of motivational interviewing.

2009 – 2012 - Ministère de la Santé et des Services sociaux du Québec - **Research and social and health planning agent**

- Plan, guide and coordinate the implementation strategies for the fight against HIV/AIDS, STIs and HCV in order to carry out the service's health promotion and prevention mandates;
- Establish organizational and financial monitoring with the different health regions in order to establish efficient and effective prevention programs and to produce management reports on expected results;
- In charge of the prevention and health promotion sector with management and health networks and community-based partners;
- Provide support and plan the integration of motivational interviewing within preventive clinical practices in the health network.

2009-2011 – EMPIR research project, Université de Sherbrooke - **Supervisor and moderator**

- Provide training and integration of motivational interviewing as part of a research project on injecting drug users (IDUs);
- Manage the motivational interviewing component following randomized participant selection.

2008-2012 - AIDES France - **Designer and trainer**

- Design training workshops based on motivational interviewing interventions for populations most affected with HIV;
- Plan, organize and conduct workshops for moderators in community-based environments in several areas of France;
- Training trainers to conduct this workshop.

2007 – CSSS Jeanne-Mance - **Designer and psychosocial moderator**

- Write a document pertaining to the organisation of psychosocial services for the SIDEP group at the CSSS Jeanne-Mance, des Faubourgs section;
- Ensure psychological support for people recently diagnosed with HIV or living with HIV;
- Participate in the creation of a health comity for gays at the CSSS Jeanne-Mance.

2006-2007 - Institut national de santé publique du Québec - **Sexuality and drug use intervention Consultant**

- Supervise the work carried out by specialists for the design and development of an

educational training program entitled "Prevention of STBBI - Sexuality and drug use among young people: clues for better interventions.

2004-2009 - Direction de santé publique de Montréal – *Ongoing mandate*

- Provide support for health care professionals on various legal and ethical issues concerning HIV/AIDS;
- Taking on an advisory role for interventions involving people living with HIV and not taking the necessary precautions;
- Ensure preventive intervention for people living with HIV and their partners (IPPAP)
- Provide support for professionals working in public health and community health medicine to acquire more knowledge regarding such issues as STIs, day to day living of people vulnerable to STIs and IPPAP.

Specific mandates

2008-2009 - **Educational techniques Agent**

- Provide support to CSSS towards integrating the best practices of interventions to promote the use of safe behaviors among populations vulnerable to STIs, mainly through a local approach;
- Develop, plan and conduct practices for nurses and psychosocial moderators in Montreal CSSS working in STI prevention for vulnerable populations;
- Design and conduct training on motivational interviewing in the context of STI and HIV/AIDS prevention;
- Develop a training workshop on intervention for people with risk behavior of transmitting or contracting HIV or HCV.

2005-2007 – **Planning agent**

- Develop a proposal to offer preventive services in sexual encounter venues for men having sex with men (MSM);
- Participate in budget planning for community organization grant proposals;
- Provide liaison between community organizations, CSSS, specialized STI clinics and public health department mainly regarding outbreaks of syphilis among MSM;
- Develop a regional plan of action and a logical framework for the promotion of health and prevention of STI / HIV among MSM;
- Participate in the development plan of emergency measures and support strategies for STI prevention among MSM in the Outgames 2006.

2004-2005, 2007-2008 - **Social and health education agent**

- Ensure partner notification, monitoring and referral of people infected with an STBBI;
- Support a practice based on motivational interviewing to promote safer sexual behaviors;
- Participate in the development, implementation and evaluation of a provincial syphilis testing campaign among MSM;
- Coordinate and plan a field investigation regarding the prevention of syphilis among MSM in Montreal;
- Develop training activities to update knowledge on STIs and integration of best practices among moderators in community organizations;
- Plan and conduct a survey of healthy environments and preventive measures for

Montreal MSM using saunas.

2004-2005 – Montreal police department – **Designer and trainer**

- Develop a training workshop regarding street youth, sex workers and the community intervention;
- Plan, organize and conduct this workshop for police officers working in the downtown area of Montreal;
- Appraise the appreciation and accomplishments of the workshop.

2000-2004 - Action Séro-Zéro, Montréal – **Coordinator and moderator**

- Support moderators involved in the prevention of STBBIs and their intervention towards MSM;
- Plan and coordinate projects involving the prevention of STBBIs and HIV/AIDS in collaboration with institutional and community settings;
- Respond to different audiences in surrounding MSM populations: support, intervention plan, individual support and testing promotion;
- Represent the organization at various roundtables;
- Provide support to moderators at the Centre Jeunesse de Montréal regarding homosexuality, drug addiction and male prostitution.

1999-2000 – Intervention project involving minor prostitutes, Montreal - **Moderator**

- Organize and conduct seminars in schools on sexuality and substance abuse awareness;
- Implicated in the intervention of youth involved in the sexual industry;
- Provide individual support: support, listen and offer referrals.

Education

In progress

Masters in sexual therapy

Thesis title: « Integration of motivational interviewing in the context of rapid HIV testing among MSM »

Université du Québec à Montréal

1999 Bachelors in sexual therapy

Université du Québec à Montréal (UQAM)

Professional achievements

2012 Association francophone de diffusion de l'entretien motivationnel – Speaker:
« L'entretien motivationnel de groupe et le retour du MINT Forum ».

2011 Association francophone de diffusion de l'entretien motivationnel – Speaker:
« L'implication du discours changement dans la formation ».

- 2011 MINT Sheffield UK – Training trainers in motivational interviewing
- 2010 Centre de santé et de services sociaux du Sud de Lanaudière – Trainer and supervisor for adult mental health programs and services team.
- 2010- Louis-H Lafontaine - Trainer and supervisor the mental health programs and services team.
- 2010- Direction de santé publique de Montréal – Motivational interviewing consultant for the health education center.
- 2009 Regroupement des professionnels des sexologues du Québec – Designer and trainer for a motivational interviewing workshop.

- 2009 Association francophone de diffusion de l’entretien motivationnel – Speaker: « Les critères de qualité à l’intégration de l’entretien motivationnel ».
- 2009 Direction de santé publique de la Montérégie – Speaker: « L’entretien motivationnel dans les interventions favorisant l’adoption de comportements sécuritaires ».
- 2008 Association francophone de diffusion de l’entretien motivationnel – Speaker: « Intégration de l’entretien motivationnel dans le réseau de la santé au Québec ».
- 2008- Association francophone de diffusion de l’entretien motivationnel – Canadian representative on the board of directors
- 2008- Chaire de recherche du Canada en éducation à la santé – UQAM – Motivational interviewing counseling consultant aimed at rapidly testing MAM populations for HIV.
- 2008 AIDES France – Designer and instructor for a workshop on counseling for STBBI vulnerable populations
- 2008- Ministère de la Santé et des Services sociaux - Consultant for a team reflecting on the integration of motivational interviewing in the health care system.

Additional training

- 2010 Training on *Motivational Interviewing Skill Code (MISC)*, Jacques Gaume CHUV Lausanne, Paris, France
- 2013 Training on *Motivational Interviewing Treatment Integrity (MITI)*, Cristiana

- Fortini, MINT et Jacques Gaume CHUV Lausanne, Montreal, Canada
- 2012 Motivational Interviewing Network of Trainers (MINT) Forum, Fort Wayne, USA
- 2012 MI in Groups, Chris Wagner et Karen Ingersoll, Motivational Interviewing Network of Trainers (MINT) Forum, Fort Wayne, USA
- 2012 International Conference on Motivational Interviewing (ICMI) Venice, Italy
- 2012 Getting it right: fidelity to MI treatment and research settings, Teresa Moyer, International Conference on Motivational Interviewing, Venice, Italy
- 2011 Supervising and coaching staff using Motivational Interviewing, Stephen Andrews, Portland, USA
- 2011 Motivational Interviewing Network of Trainers (MINT) Forum, Sheffield, UK
- 2011 Journée francophone des formateurs en entretien motivationnel, Geneva, Switzerland
- 2010 Évoquer et répondre au discours changement – une compétence avancée en EM, William Miller, Teresa Moyer and Joel Porter; Favoriser les formations dynamiques et engageantes – Surfer sur la vague, Steven Malcolm Berg-Smith, Motivational Interviewing Network of Trainers (MINT) Forum, San Diego, USA
- 2010 Journée francophone des formateurs en entretien motivationnel, Luxembourg, Luxembourg
- 2010 International Conference on Motivational Interviewing (ICMI), Stockholm, Sweden
- 2010 What's new since MI-2?, William Miller, Stephen Rollnick, International Conference on Motivational Interviewing (ICMI), Stockholm, Sweden
- 2010 Formation au *Motivational Interviewing Treatment Integrity* (MITI), Cristiana Fortini, MINT et Jacques Gaume, Paris, France
- 2009 Journée francophone des formateurs en entretien motivationnel, Brussels, Belgium
- 2009 Motivational Interviewing Network of Trainers (MINT) Forum, Sitges, Spain
- 2009 Journée francophone des formateurs en entretien motivationnel, Paris, France
- 2009 Influence et Leadership, Institut national de santé publique du Québec
- 2009 Supervising the implementation of *Motivational Interviewing Treatment*

Integrity (MITI), Douglas Hospital, Montreal

- 2008 Training trainers in motivational interviewing, Motivational Interviewing Network of Trainers (MINT), France
- 2008 International Conference on Motivational Interviewing (ICMI), Interlaken, Switzerland
- 2008 Optimizing Helpfulness – Advancing Practitioner Competence in Motivational Interviewing, International Conference on Motivational Interviewing, Interlaken, Switzerland
- 2008 La supervision et la communication, Agence de la santé et des services sociaux de Montréal
- 2007 Basic training in motivational interviewing (level I), Association francophone de diffusion de l'entretien motivationnel, France

Avec amitiés

Merci beaucoup.
Bonne journée.

Patrick Berthiaume