

NEW from Psychotherapy.net

A Groundbreaking 4-DVD Training Series on Motivational Interviewing featuring Cathy Cole, LCSW



Learn how to apply Motivational Interviewing techniques through demonstrations, practice exercises, and extensive commentary. The most in-depth video program on this approach to date.

Motivational Interviewing Step by Step

- Core Concepts
- Increasing Importance
- Resolving Ambivalence
- Building Confidence

ADVANCE PRAISE FOR THIS SERIES

Volume 1: Core Concepts

"This is a comprehensive and up-to-date distillation of the essential elements of MI with helpful demonstration clips and interactive exercises. An indispensable resource for anyone interested in learning about MI for the first time or enhancing their existing knowledge of this powerful approach to helping others." - Tim Godden, MSW

Volume 2: Increasing Importance

"In this thoughtful and insightful training video, Cathy Cole does an amazing job showing you, through the practice of working with three clients, the nuances of Motivational Interviewing. This is a video you will watch over and over because it is rich with material on the disciplines of this evidence-based practice." - Stephen R. Andrew, LCSW

Volume 3: Resolving Ambivalence

"A must see for the new and the not-so-new MI practioners." - Anya Sheftel, MS, MI Trainer

Volume 4: Building Confidence

"A richly intelligent presentation around helping others raise confidence for change! Cole beautifully illustrates several effective strategies, in use within client conversations, and offers insightful commentary to aid practitioners in their MI skill development." - Ali Hall, JD, MI Trainer and Consultant