**Motivational Interviewing Competency Assessment (MICA):**

**The Complete Foundation**

Ready to evaluate motivational conversations? Provide feedback to others for skill enhancement? Elevate your self-reflection for improved skill? Let’s power up together!

The MICA is a valid and reliable rating instrument for assessing motivational conversations. The MICA relies on the principles, strategies and approach as presented in Miller & Rollnick’s Motivational Interviewing texts, Third and Fourth Editions. The MICA allows users to evaluate a practitioner’s helping conversation, assess MI competence from a quality assurance perspective, and provide a quality improvement process to move from beginning use of MI to proficient demonstration. Ultimately, MICA’s goal is to provide professionals with easily digestible, structured and specific feedback regarding their effort to use MI with those they serve.

This 12-hour Complete Foundation workshop will introduce participants to the MICA’s 2 strategies and 5 intentions, plus provide multiple opportunities to rate motivational conversations using the MICA. And you will receive 12 follow up skill enhancement emails—one weekly after course completion to support practice integration. From this thorough foundation, you will be able to decide for yourself, your organization and/or your system of care whether and how to implement the MICA into your essential evaluation and skill development processes.

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| **Date** | **Time** |
| April 7, 2025 | 8:30 – 11:30 am PST |
| April 14, 2025 | 8:30 – 11:30 am PST |
| April 21, 2025 | 8:30 – 11:30 am PST |
| April 28, 2025 | 8:30 – 11:30 am PST |

**Where**: Via Zoom, link to be sent a week before the course meets

**Cost:** $540 CAD (Approximately $395 USD)

**Inquiries:** please contact MICA@centrecmi.ca

**Your Facilitator:**

Ali Hall [www.alihalltraining.com](http://www.alihalltraining.com)

Member of the Motivational Interviewing Network of Trainers (MINT)

MINT Certified Trainer, MICA co-developer

