



Virtual Online 4-hour Motivational Interviewing Training *A Brief Introduction*

Steven Malcolm Berg-Smith, MS, MINT Member (1994)
June 12, 9:00am-1:00pm PDT

Description: After 25+ years of facilitating in-person motivational Interviewing (MI) trainings, and in the changing landscape of continuing education in the time of Covid-19, Steve has opened the door for virtual on-line learning! Please join Steve for a dynamic 4-hour interactive Zoom learning experience to explore the foundational principles and skills of MI. In this engaging, fast-paced workshop, participants will be guided through a sequence of learning activities to explore and shape counseling practice behavior, and to initiate a beginning process for developing proficiency in MI. Learning activities will include: demonstrations, video examples, “real-plays,” fictional case studies, small group exercises, and practice with feedback.

Learning Objectives: *Participants will be able to:*

1. List the key ingredients of the guiding philosophy of Motivational Interviewing (MI)
2. Identify the foundational communication skills of MI from demonstrations and video examples
3. Name core MI strategies for eliciting and exploring clients’ own reasons for change in real-play practice exercises
4. Identify key issues for incorporating the primary skills and strategies of MI into counseling practice

Target Audience: *This workshop is appropriate for helping professionals who:*

Are in the role of counseling clients/patients to make and sustain healthy behavior changes: physicians, nurses, health educators, care managers, dietitians, social workers, counselors, psychologists, life coaches, clergy, probation/corrections officers, personal trainers, etc.

Schedule: June 12, 9am-1pm PDT

Please note that this workshop is not a webinar. Only 1 person per registration. You will need a computer with a webcam in order to participate in “breakout room” exercises during the workshop.

Fee: \$150.00 (Please pay via PayPal on my “upcoming events” page)

Upon payment you will receive a Zoom link to the workshop a few days before 6/12/20

Continuing Education:

- * Provider approved by the California Board of Registered Nursing, Provider # CEP 15181 for 3.75 contact hours
- * Provider approved by the Commission on Dietetic Registration for 3.75 CPE hours (# MS831)
- * Course meets the qualifications for 3.75 hours of continuing education credits for LMFTs, LCSWs LPCCs, and/or LEPs as required by the California Board of Behavior Sciences
- * Provider approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. CAMFT provider # 134764
- * Provider (Steven M. Berg-Smith) maintains responsibility for the course and its content.

Cancellation Policy: If a participant cancels 30 days prior to the workshop date, they’ll receive a refund of 50% of fees paid on the full amount.



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REGISTRATION FORM

(please type or print clearly)

Name:	
Profession:	
Mailing Address:	
Telephone:	
Fax:	
E-mail:	

Registration Fee:

\$150.00

*** If you cancel 30 days prior to 6/12/20, you'll receive a refund of 50% of fees paid on the full amount.
Non-refundable thereafter.**

Payment;

US Bank Check or Money Order in US dollars made payable to: **Steven Malcolm Berg-Smith**

PayPal: <http://www.berg-smithtraining.com/events.htm>

Send Registration Form and Payment to:

Steven Malcolm Berg-Smith
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