



Virtual Online 4-hour Motivational Interviewing Training *“Continuing the Journey”*

Steven Malcolm Berg-Smith, MS, MINT Member (1994)
May 29, 9:00am-1:00pm PDT

Description: After 25+ years of facilitating in-person motivational Interviewing (MI) trainings, Steve has opened the door for virtual on-line learning! Please join Steve for a 4-hour interactive Zoom learning experience to review, deepen, and strengthen your MI practice behavior. In this engaging, fast-paced workshop, participants will be guided through a sequence of learning activities to support the on-going development of MI proficiency. Learning activities will include: demonstrations, video examples, “real-plays,” fictional case studies, small group exercises, and significant practice with feedback.

Learning Objectives: *Participants will be able to:*

1. Review & discuss the defining spirit and interpersonal style of MI
2. Observe & debrief demonstrations and video examples of MI
3. Experience & practice advanced skills and strategies of MI (e.g., strategic reflective listening, guiding conversations towards change talk, rolling with resistance, strengthening commitment, mobilizing core value)
4. Identify key issues for incorporating the primary skills and strategies of MI into practice behavior

Target Audience: *This workshop is appropriate for helping professionals who:*

- Have completed introductory training in MI
- Are in the role of counseling clients/patients to make and sustain healthy behavior changes: physicians, nurses, health educators, care managers, dieticians, social workers, counselors, psychologists, life coaches, clergy, probation/corrections officers, personal trainers, etc.

Schedule: May 29, 9am-1pm PDT

Please note that this workshop is not a webinar. Only 1 person per registration. You will need a computer with a webcam in order to participate in “breakout room” exercises during the workshop.

Fee: \$150.00 (Please pay via PayPal on my “up-coming events” page)

Upon payment you will receive a link to the workshop a few days before 5/28/20

Refund Policy: If a participant cancels 30 days prior to the workshop date, they'll receive a refund of 50% of fees paid on the full amount.



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REGISTRATION FORM

(please type or print clearly)

Name:	
Profession:	
Mailing Address:	
Telephone:	
Fax:	
E-mail:	

Registration Fee:

\$150.00

* If you cancel 30 days prior to 5/29/20, you'll receive a refund of 50% of fees paid on the full amount.
Non-refundable thereafter

Payment;

US Bank Check or Money Order in US dollars made payable to: **Steven Malcolm Berg-Smith**

PayPal: <http://www.berg-smithtraining.com/events.htm>

Send Registration Form and Payment to:

Steven Malcolm Berg-Smith
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