

# Engage Clients, Melt Discord, Reduce Your Take-Home Stress

St. Joseph Hospital, Kansas City, Missouri 64114

Two Day Intensive Motivational Interviewing Training with Immediate Payoff!

## What You Will Learn:

- ◆ Proven strategies for working calmly and confidently with a range of difficult client situations.
- ◆ How to melt discord and “dance” with clients instead of “wrestling” with them.
- ◆ Effective ways to create a change plan and strengthen commitment.
- ◆ Ways to be with others that raise compliance, retention, and completion rates.

## Who Should Attend:

Counselors  
Social Workers  
Family Therapists  
Psychologists  
Marriage & Family Therapists  
Clinical Supervisors  
Healthcare Professionals  
Nurses  
Case Managers  
Mentors and Coaches  
Corrections Professionals

**Dates:** January 17-18, 2019  
**Registration:** 8:30 a.m. CST  
**Program:** 9:00-4:30 p.m. CST  
**Space Limited! Call (816) 805-0732**

“This is the first training I have been to where I can visualize myself returning to my agency and using what I learned.”

*-Two-day training participant, Chicago, Ill.*

## FAQ

### Why should I attend this training?

This two-day learning and practicing MI program will dramatically improve your ability to be with clients in ways that carry the MI Spirit where they are eager to return and want to make positive change.

### What are some of the benefits?

This training provides valuable skills to handle difficult clients who are poorly motivated, ambivalent about change and have complex and competing needs.

### What if my boss says “no money in the budget”?

It's never been a more critical time to invest in your OWN professional worth, confidence, and job security. Why not take responsibility for your future, your intellectual property, and upgrade your skills.

### What if I am concerned money?

Using MI skillfully results in working with clients with greater ease and effortlessness. In turn, this improves the overall satisfaction and quality of your work.

This is priceless and saves money by reducing the cost of negative health benefits of the job stress.

## This Two-Day Training is for:

- ◆ Dramatically improving your skills at engaging and retaining clients.
- ◆ Reducing your no-show and drop-out rate.
- ◆ Investing your time, energy, and money on training that improves your performance and be more enjoyable to be with when you get home.
- ◆ Rekindling your passion and sense of compassion
- ◆ Preventing burnout
- ◆ Gaining a competitive edge in today's job market.

This training is based on Miller and Rollnick's Third Edition of “*Motivational Interviewing: Helping People Change*”.

The edition “provides important new knowledge on how practitioners learn MI, the MI processes and outcomes, and the psycholinguistics of change.”

“...90% of the writing is new.”

**There are now over a 1000 randomized clinical trials showing MI as effective.**

## Course Content

### Day 1

- Why is motivational interviewing (MI) effective and empowering?
- Clinical trials showing evidence for learning MI
- Methodology, application, and integration
- Learning and practicing MI principles and strategies

### Day 2

- Working with discord
- Exploring and resolving ambivalence
- Tailored case examples
- Eliciting and strengthening change talk
- Building commitment and change plan

## Trainer Bio:

Debra Neal, international trainer, consultant, author, and therapist, is a Licensed Clinical Professional Counselor and certified in problem gambling and substance abuse. She has served the behavioral health field for over two decades and worked across treatment continuums with mental health, substance abuse and co-occurring populations.

A member of the Motivational Interviewing Network of Trainers, Debra began her work in motivational interviewing in a workshop with Dr. William Miller in 2000.

Debra has practiced MI techniques in her private practice with individuals, couples, and families. Ms. Neal specializes in preparing practitioners for personal and professional change as part of the process for working more effectively with clients.

Debra offers fundamental, booster, and advanced MI training. She also trains clinical supervisors for supervising MI with proficiency, and other evidenced based practices.

## Registration

### Fees Include:

Two-Day Training  
Group Telephone Coaching Call  
MI Learning Guide

Check One:

- \$280** early bird by 12/20/18
- \$265/person** for 3 or more from the same agency by 12/20/18
- \$280/person** for 3 or more from the same agency by 1/5/19
- \$305** after 12/20/18

**Dates: January 17-18, 2019**

8:30a.m. Registration  
9:00-4:30p.m. Program

Community Center Building  
St. Joseph Hospital  
Building D  
1000 Carondelet Dr.  
Kansas City, Mo 64114

Northwest side after passing  
the Emergency Room entrance

Space is limited

12- Credit Hours

This was one of the most helpful trainings that I've attended because it went beyond theory and focused on the application and practice of Motivational Interviewing... great use of several different means to enhance learning

Training participant,  
Kansas City

### Questions?

Contact: Debra Neal  
816-805-0732 or email  
[dneal@pathwaystoempowerment.net](mailto:dneal@pathwaystoempowerment.net)

Payment options include check or credit card. For credit card payment, print, fill out and fax completed registration form to 913-322-8823. Call 816-805-0732 for questions.

Checks or money orders should be made payable to *Pathways to Empowerment* and mailed to *Pathways to Empowerment, 7180 W. 107th St, Overland Park, KS 66212.*

A \$3.50 processing fee will be accessed to all credit card payments.

The registration includes two days of skill building training, a one-hour telephone coaching session, and a MI Learning Guide.

Cancellation policy: You may cancel within 21 days of the workshop with a refund less a \$40.00 processing fee. No refunds are available after this time.

## REGISTER NOW:

ORGANIZATION

NAME

ADDRESS

CITY, STATE, ZIP CODE

CELL PHONE

ALTERNATE PHONE

EMAIL

Check one:

- Money Order or Check
- Visa Card
- Master Card
- Discover Card

*Note: There will be a \$30 fee for all returned checks*

NAME ON CARD

CARD #

EXPIRATION DATE

BILLING ADDRESS

CITY, STATE, ZIP CODE

AUTHORIZATION AMOUNT\*

**Pathways to**  
**empowerment**