

## **MI supervision**

### **1 day workshop**

**Delivered by Merav Devere**

The workshop will introduce a model of supervision that integrates MI principles and skills with the functions model of clinical supervision (Proctor 1986, 2009) to create MI adherent staff and clinical supervision model.

### **Learning Outcomes:**

By the end of the course participants will be able to:

Demonstrate an understanding of the course's overview model of MI supervision including:

- The purposes of supervision
- The four functions of supervision
- Describe and discuss MI supervision
- Describe the role and qualities of an MI supervisor
- Evaluate the ethical and professional issues involved in the supervisory relationship and role.

Demonstrate developing self- awareness including:

- Explore their own motivation and needs as both supervisees and supervisors
- Explore the blocks to being a better supervisor, supporter and mentor
- Explore how to utilize their strengths to overcome possible blocks

Demonstrate the ability to use MI supervision skills including:

- Practise using the model's skills and strategies in role-play and real-play peer supervision situations.
- Use the model concepts and skills to develop positive and collaborative relationship with supervisees.
- Use the MI supervision concepts and skills to deal with difficult situations