



Motivational Interviewing (MI) Skills Intensive- **Less convincing. More evoking.** **Better conversations about change.**

Course Description

Are your conversations about change getting stuck? Do you find yourself giving good advice that doesn't always lead to action? Motivational Interviewing (MI) is an evidence-based, person-centered approach for having more effective conversations about change.

In this highly interactive, skills-intensive training, you'll learn and practice practical MI strategies you can use right away to:

- ♦ Build engagement, trust, and collaboration
- ♦ Explore ambivalence without pushing or persuading
- ♦ Respond skillfully when people are not ready for change
- ♦ Evoke the person's own reasons and motivation for change
- ♦ Strengthen confidence and commitment to next steps

Walk away with practical language, strategies, and confidence to have more effective conversations about change—starting the very next day.

Who Should Attend?

- ♦ Professionals who help people navigate change, choices, or challenges
- ♦ Healthcare, behavioral health, social service, substance use, criminal justice, and education professionals
- ♦ Current ASU Social Work students
- ♦ New and experienced MI practitioners welcome



Date: September 18, 2026
Time: 9:00AM to 3:00PM
(30 minute lunch on your own)

Location: ASU School of Social Work – Tucson Campus
340 N. Commerce Park Loop
Tortolita Building, 2nd Floor

Continuing Education Credit-
This program is APPROVED for
5.0 continuing education hours

Approval Number: #0132

Cost & Registration

ASU SSW Students:

tinyurl.com/49p9n8s4

Professionals: \$175

Includes 6 hours of interactive MI training, training materials, and CE credit [if applicable].

Register:

mdillon@milearningex.com

