



Motivational Interviewing (MI) Skills Intensive- Practical Skills for Effective, Person-Centered Conversations

Course Description

Are your conversations getting stuck? Do you find yourself giving great advice that doesn't always lead to change? Motivational Interviewing (MI) is a powerful, evidence-based approach that transforms everyday professional conversations into catalysts for change.

In this highly interactive, skills-intensive training, you will practice practical tools you can use immediately to:

- Build stronger engagement and trust
- Navigate ambivalence with confidence
- Respond effectively to resistance
- Elicit powerful change talk

Walk away with language, strategies, and confidence to conduct more effective, person-centered conversations — starting the very next day.

Who Should Attend?

- Professionals in healthcare, behavioral health, substance use treatment, or criminal justice
- Current ASU Social Work students
- Anyone seeking to learn or improve their MI skills and conversations

Date: March 26, 2026
Time: 9:00AM to 3:00PM
(30 minute lunch on your own)
Location: ASU School of Social Work – Tucson
Campus Tortolita Building,
Room 230
340 N. Commerce Loop,
Tucson, AZ 85745

Continuing Education Credit- This program is APPROVED for **5.0 continuing education hours** by the ASU School of Social Work
Approval Number: #0132

Cost & Registration
\$5.00 for ASU Social Work students Register at:
<https://na.eventscloud.com/mi/si>
or contact Jamie Martin, ASU School of SW Office Supervisor
jamie.martin@asu.edu

\$150 for professionals
Register with Mary Dillon,
Motivational Interviewing
Learning Exchange at
mdillon@milearningex.com

ASU School of Social Work
Arizona State University