

Motivational Interviewing for Difficult Conversations



Motivational Interviewing (MI) is a particular way of having a conversation. It is a measurable, person-centered approach that has a framework, along with skills and strategies for effective conversations. This 6-hour training is designed specifically for professionals who want to use effective skills during conversations to:

- ♦ respond to and lessen negativity while maintaining respectful relationships
- ♦ utilize an effective framework for conversations
- ♦ increase confidence and ability to succeed when having difficult conversations

Date: May 23, 2023

Time: 9:00 AM to 3:00 PM (30 min lunch on own)

Location: ASU School of Social Work –Tucson Campus Tortolita building Rm 230
340 N. Commerce Loop, Ste 250 Tucson, AZ 85745

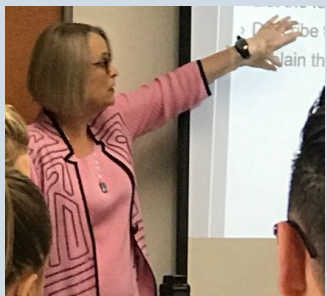
Cost: Free to ASU Tucson-based Social Work Students

ASU SW Students register by contacting Diana Jimenez-Young, MSW Field Education Coordinator at: diana.jimenez-young@asu.edu

Cost: \$187.50 for professionals

Professionals register here: <https://mi-training-for-difficult-conversations.eventbrite.com>

Questions? Contact Mary Dillon, at mdillon@milearningex.com



About the Trainer:

Mary Dillon, holds a master's degree in clinical psychology and consults full time as a Motivational Interviewing (MI) Trainer. She has worked in inpatient and outpatient, substance abuse treatment and community settings and managed a private practice. For the past 20 years she has developed and trained MI to thousands of behavioral, physical and oral health and criminal justice professionals. To learn more about how MI can be trained and used at your workplace contact: mdillon@milearningex.com