

Bridge City Trainings

Presents



MI 101: BASIC MOTIVATIONAL INTERVIEWING IN ADDICTIONS COUNSELING:

with Janis Crawford, Ph.D.

Friday, October 05

8 A.M. – 3 P.M. (6 CEU's accredited by NAADAC & ACCBO)

\$80

This introductory one-day training will acquaint the audience with basic concepts and methods of MI. The purpose of this type of workshop is to help participants determine how interested they are in learning more about MI. Participants will experience the how MI may resemble techniques already used and how it is different than “counseling as usual.” Didactic discussion and live and videotaped demonstrations and opportunities to experience and try out MI techniques might offer a refresher or a fresh start with motivational interviewing. By the end of the day, participants will be able to:

1. Understand the meaning and purpose of Motivational Interviewing through two definitions
2. Define concepts: Spirit, Skills, & Processes of Motivational Interviewing
3. Learn about the state of clinical science supporting Motivational Interviewing
4. Learn the skills (OARS), through video examples and participation in activities
5. Learn a strategy for information exchange
6. Explore ways to decrease relational discord

Janis Crawford, Ph.D. has trained and coached correctional and medical staffs in motivational interviewing, group counseling facilitation, addictions assessment, and cognitive behavioral therapy since 2005. She currently works as an adjunct professor at Portland Community College, where she teaches motivational interviewing and theories of counseling. She also has a human services consultation business that provides psychotherapy, clinical supervision, and professional training. Her doctoral dissertation, “Transformative Communication: A Depth Psychological Perspective of Motivational Interviewing” reveals common threads among tenants of motivational interviewing and psychoanalytic theories that enhance communication education for adult learners.

Training is sponsored by Bridge City Trainings. To register, send Kelsey an e-mail at bridgecitytrainings@gmail.com stating the training you want to attend. Once you confirm that you want to attend a class I will send you a link to pay securely by credit card or check. Payment on day of training is \$95. More questions? Call Kelsey at 971-533-6033. Please contact Kelsey Payne by email if interested in being put on an updated email list or with any training proposals.

Training will be held at 4th Dimension Recovery Center
3807 NE Martin Luther King Jr Blvd, Portland, OR 97212