
Annie Fahy RN , LCSW is a behavior change specialist in the areas of health wellness and letting go of destructive patterns.

Since 2004 she has been is recognized as a dynamic national trainer, and presenter in motivational interviewing, harm-reduction, reducing compassion-fatigue.

Currently, she is a consultant and trainer facilitating organizational change through adaptation of Motivational Interviewing and other client centered evidenced based practice. She brings her clinical skill working with the most difficult people into training and consultation work across health and behavioral health settings. Her trainings are interactive and musth-modal and she receives great reviews from learners.



Annie is affiliated with the Motivational Interviewing Network of Trainers (MINT), the Harm Reduction Therapy Center in San Francisco (HRTC) and the Amherst Writers and Artists Association (AWA). Her trainings are multimodal and experiential and she consistently gets high ratings from participants: (<https://www.youtube.com/watch?v=izrWA9gYIEs&t=8s>).

Annie is a writer and an artist. She has authored two chapters in the The Praeger Handbook of Community Health (ABC-CLIO LLC) : “We are all addictions counselors now” (2007), and “Invisible and Overlooked: Substance use disorders and aging populations” (2017). She composed a feature article for The Journal of Social Work: The Unbearable Fatigue of Compassion: Notes from a Substance Abuse Counselor Who Dreams of Working at Starbuck’s. Annie has published her first book of poems The Glass Train, (2017) from Amherst Writers and Artist Press. She often publishes her art, poems and essays on Medium (<https://medium.com/@AnnieOFahy>). Annie often runs writing workshops that supports writing as a creative and healing tool for both writers and non writers. She often brings this work into homeless shelters, prisons and treatment programs.