



## MARY DILLON, MA

### MOTIVATIONAL INTERVIEWING TRAINER/COACH

Mary is an inspirational and outcome-driven Motivational Interviewing (MI) trainer, facilitator, and instructional designer. She is recognized for superior performance in motivating and educating individuals and organizations. Her specialties include MI curriculum design/ delivery and evaluation to address specific population health management outcomes and goals.

#### SUMMARY

Motivational Interviewing Training ( 20 Years)  
Member of MI Network of Trainers (13 Years)  
Behavioral Health Experience (30 Years)

#### PROFESSIONAL EXPERIENCE

Owner, **Motivational Interviewing Learning Exchange**  
MI Trainer, **Arizona Complete Health (Cenpatico)**  
MI Trainer, **Staywell Health Management**  
Owner, **Ready Set Go Training & Consultant**

#### EDUCATION

**Master's Degree, Clinical Psychology**  
Eastern Illinois University

**Bachelor's Degree, Clinical Psychology**  
Miami University, Oxford, OH

#### CERTIFICATIONS

**Motivational Interviewing Trainer**  
Motivational Interviewing Network of Trainers (MINT)

**Certified Professional Trainer/Designer**  
UNM Continuing Education Program

**Certificate in Cognitive Therapy**  
Adler School of Professional Psychology

#### CONTACT INFORMATION

**520-729-0932**  
mdillon@milearningex.com  
[www.linkedin.com/in/marybdillon](http://www.linkedin.com/in/marybdillon)

#### SELECTED ACCOMPLISHMENTS

##### TRAINING

- Conceptualized the design, training, and evaluation of Arizona Regional Behavioral Health Authority (Cenpatico) behavioral and physical (integrated) healthcare providers in motivational interviewing.
- Prepared and implemented MI training for numerous health, criminal justice, oral health, addiction, and leadership groups/organizations.
- Since 2016, facilitated over 325 training sessions to thousands of behavioral health professionals, receiving an average score of 4.85/5 on post-training evaluations.

##### INSTRUCTIONAL DESIGN

- Researched, designed, and produced MI training programs targeted for providers in behavioral health, physical health, tobacco, opioid, substance abuse, criminal justice, and oral healthcare.
- Designed and implemented company-wide learning needs assessments.
- Administered Learning Management Systems.

##### CONTINUOUS QUALITY IMPROVEMENT

- Conducted task and need analysis to design targeted MI training to meet specific value-based outcomes for organizations.
- Created MI Coding and Self-Assessment Forms for training participants to evaluate MI skills.
- Led staff MI calibration sessions to ensure alignment of training standards.
- Provided on-the-job MI coaching and feedback in a variety of environments including physical and behavioral health, criminal justice, and methadone clinics.