

> FEBRUARY 26 | 2020

Intelliplex Conference Center

2154 Intelliplex Dr
Shelbyville, IN 46176

8:30 am - 4:30 pm

Know yourself to lead yourself. Know others to lead others.

Presented by:

Cornerstone

Research, Training &
Development, LLC

In any helping relationship, the way you communicate is just as important as what you communicate.

Conversations around change often focus on behaviors and outcomes, with an end goal in mind. Yet, many times these goals are not achieved, and it can be challenging to truly understand why someone behaves the way they do.

Whether you are looking to support change in yourself or change in others, it is important to know your own individual personality, behavior and communication preferences, while also understanding and appreciating differences in others. This understanding combined with effective styles of communication, such as Motivational Interviewing, allows for powerful change conversations.

[#KnowYourselfKnowOthers](#)

For questions, please contact:
training@cornerstonertd.com

In this one-day training you will:

- Learn about the 16 different personality types and their preferences described in the Myers-Briggs Type Indicator, and develop an awareness for others' unique personality characteristics and communication styles.
- Learn about Motivational Interviewing (MI) and the main principles and skills used in MI to support behavior change

REGISTRATION:

[Click HERE to register!](#)

Lunch included.

Additional coffee, drinks, and snack items provided.
Space is limited.

COST: \$80

Early Registration Discount: 15%
Use the code: EARLYBIRD when registering*

Non-profit discounts also available.

Please contact training@cornerstonertd.com for more information.

*Early bird discount available only for registrations before 1/12/2019

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Learn. Develop. Grow. Empower.