**Intermediate/Advanced Motivational Interviewing Training**

This 8-hour Intermediate workshop is highly experiential and designed for individuals who have taken the Introduction to MI workshop, and using MI in their practice.

Training Objectives

In this 8-hour instructor led workshop participants will:

* Deepen their communication skills as they transition through the Four Processes of MI
* Learn how to strategically use the Micro-Skills (Open Questions, Affirmations, Reflections, and Summaries)
* Learn engagement strategies
* Learn how to set a change goal (focusing process) and techniques to maintain focus on the change goal
* Learn to recognize, evoke and respond to change talk

Enabling practitioners to:

* Demonstrate the key principles of a guiding, person-centered conversations that are directional towards change
* Increase their ability to use the Micro-skills within the Four Processes
* Deepen their understanding and ability to demonstrate the Evoking Process
* Strengthen their ability to hear, elicit and strengthen change talk

Cost

$230 CAD

Date and Time: May 31 & June 1

1:00-5:00 (both days) Eastern Standard Time (EST)

Trainers for this course: Roxanne Sawatzky and/or Trudy-Lyn Wittig