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| La Entrevista Motivacional(Motivational Interviewing in Spanish)  |  |
| *This workshop is coordinated by MITC Training and Education based in Albuquerque, NM.* *MITC specializes in behavioral health, addictions and Motivational Interviewing training, coaching and consultation.* *Visit us at* [*nmmitc.com*](http://nmmitc.com/) |  |

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| Join Us on May 18th-19th, 2020From 9:00 am to 4:30 pm each day13 CEU’s provided by the NM Counseling and Therapy Board (APA approval is pending)Located at MITC Training Center2440 Louisiana Blvd NE Suite 301, Albuquerque, NM, USA$225 per person (includes CEU’s, breakfast and all required training materials)Register [here](https://www.nmmitc.com/events/la-entrevista-motivacional-motivational-interviewing-in-spanish) |

# Presented by Patricia Juarez and Reyna Puentes

# Members of the Motivational Interviewing Network of Trainers

Description

Motivational Interviewing (MI) is an evidenced-based intervention for working with individuals who are considering a behavior change. This class is intended to introduce the basic concepts and skills of MI. It fosters a working alliance and promotes that person’s own ideas and motivations for change. Participants will learn basic methods to engage, focus, evoke, and plan in an MI session. Furthermore, attendees will learn about the fundamentals of MI practice: understanding ambivalence, practicing with MI spirit, reflective listening, and learning the core MI skills of recognizing, evoking, and responding to a person’s “change talk”. Role plays, videos, and participant small group practice will be incorporated to help understand concepts.

This class will be taught in Spanish 80% or more of the time, so comfortability in reading and speaking Spanish is required.

## About the Presenters

***Patricia Juarez, MS, and Reyna Puentes, MS****, are trainers with the Latino Alcohol & Health Disparities Research and Training Center (LAHDR) in El Paso, Texas. They are both members of the Motivational Interviewing Network of trainers and have trained globally in topics relating to health disparities, substance use, brief interventions, culturally adapted treatments and motivational interviewing.*

