

La Entrevista Motivacional (Motivational Interviewing in Spanish)



*This workshop is coordinated by MITC Training
and Education based in Albuquerque, NM.*

*MITC specializes in behavioral health,
addictions and Motivational Interviewing
training, coaching and consultation.*

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Join Us on October 10th and 17th,
2020
9:00 am to 4:30 pm MT each day

13 CE/CEU's provided by the American Psychological Association and
the New Mexico Counseling and Therapy Board

This training will be online using Zoom.

\$225 per person

Register [here](#)

Presented by Patricia Juarez, Reyna Puentes and Tara McCune

Members of the Motivational Interviewing Network of Trainers

Description

Motivational Interviewing (MI) is an evidenced-based intervention for working with individuals who are considering a behavior change. This class is intended to introduce the basic concepts and skills of MI.

It fosters a working alliance and promotes that person's own ideas and motivations for change.

Participants will learn basic methods to engage, focus, evoke, and plan in an MI session.

Furthermore, attendees will learn about the fundamentals of MI practice: understanding ambivalence, practicing with MI spirit, reflective listening, and learning the core MI skills of recognizing, evoking, and responding to a person's "change talk". Role plays, videos, and participant small group practice will be incorporated to help understand concepts.

This class will be taught in Spanish so comfortability in reading and speaking Spanish is required.

About the Presenters

Patricia Juárez, MS, and Reyna Puentes, MA, LPC-I, are trainers with the Latino Alcohol & Health Disparities Research & Training Center (LAHDR), at the University of Texas at El Paso, in El Paso, Texas. They are both members of the Motivational Interviewing Network of Trainers and have trained globally in topics relating to health disparities, substance use, brief interventions, culturally-centered brief motivational interventions, and Motivational Interviewing.



Tara McCune, MA, LPCC is a licensed Professional Counselor in New Mexico. She has experience working in various communities around the United States as a bilingual Therapist with homeless populations, substance use and in healthcare settings. Tara is also a member of the Motivational Interviewing Network of Trainers and acts as the Director of Bilingual Training for a comprehensive 3-year MI educational program in Albuquerque, NM, USA.