Jope Consulting Services

Presents via Zoom

Basic Motivational Interviewing

an interactive live webinar experience

with Jennifer Carvalho, LMHC

Member of the Motivational Interviewing Network of Trainers (MINT)

Motivational interviewing (MI) is a client-centered, evidence-based, goal-oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence with the individual. This active, skill-building workshop provides participants with knowledge of the spirit and micro skills of the model and provides opportunities to practice the approach. Participants will complete the workshop with a good understanding of MI, and are encouraged to take the Intermediate and Advanced MI workshops to develop proficiency in this method.

Overall Goal: Participants will be introduced to the spirit and skills of Motivational Interviewing.

Target Audience: Helping professionals at all levels of education including, but not limited to, mental health counselors, social workers, substance use counselors, and rehabilitation counselors.

Learning Level: Introductory

Learning Objectives: Following this presentation, participants will be able to:

* Describe several core concepts of Motivational Interviewing.
* Demonstrate the various micro skills of Motivational Interviewing.
* Evaluate the use of Motivational Interviewing skills in conversation and provide constructive feedback.

$100 per Person!

Module	Description and Format of Module	Time of Module
Day One		
Objective 1	Lecture and discussion: Core concepts and spirit of MI	1:00 pm – 2:30 pm
Break		2:30 pm – 2:45 pm
Objective 2	Lecture and discussion: Spirit of MI	2:45 pm – 4:15 pm
Day Two		
Objective 2	Lecture, discussion, and demonstration: Skills of MI	1:00 pm – 2:30 pm
Break		2:30 pm – 2:45 pm
Objective 3	Coached practice: Spirit and Skills of MI	2:45 pm – 4:15 pm

Offered from 1:00 pm to 4:15 pm Eastern Time on: 08/11/26 (Part 1) and 08/12/26 (Part 2)

To register, visit: www.jopeconsultingservices.com/registration

Please log in using your full name 5 minutes prior to the start time to enable a prompt start to the training.

Jope Consulting Services exists to enhance the compassion and efficacy of service delivery in the helping professions by identifying and promulgating evidence-based practices which are collaborative, trauma-informed, and supportive of personal autonomy.

Continuing Education: THIS COURSE IS ELIGIBLE FOR 6 CONTINUING EDUCATION CREDITS

*Jope Consulting Services has been approved by NBCC as an approved Continuing Education Provider, ACEP No. 7050. Programs that do not qualify for NBCC credit are clearly identified. Jope Consulting Services is solely responsible for all aspects of the programs. *Participants completing this training will receive 6 NBCC credit hours.*

*Jope Consulting Services, #1791, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 12/09/2025 – 12/09/2028. Social workers completing this course receive 6 general continuing education credits. New York does not accept ASWB ACE provider courses for credit.

*This course has been approved by Jope Consulting Services, as a NAADAC approved education provider, for 6 CEs. NAADAC Provider number 207446, Jope Consulting Services is responsible for all aspects of its programming. *This course addresses the Counselor Skill Group of Counseling Services.*

*This training is approved for 6 contact hours by MBSACC.

*This training is approved for 6 contact hours by the Massachusetts Board of Certification of Community Health Workers.

Certificates: To receive a certificate of completion and CE credit, if applicable, **attendees must attend both sessions in their entirety** and complete a course evaluation. **No partial credit will be given**. Evaluations will be emailed to participants after the training. Certificates will be issued via email within 14 days of completion of course requirements.

System requirements: Computer or smart device with a stable internet connection; connected or integrated microphone, speakers, and camera; and ability to interface with the current version of Zoom.

Registration: To register and submit payment, go to www.jopeconsultingservices.com/registration. Registration will close one week prior to the event.

Cancellation Policy: Registered participants must cancel their registration a minimum of 14 days prior to the training event to receive a refund of half of their registration fee, or can elect to receive full credit toward a future training. To cancel your registration, email linda@jopeconsultingservices.com or call Linda at 508-287-8279.

Special Accommodations: If you need more information or a special accommodation to participate fully in this event, contact Linda Jope at linda@jopeconsultingservices.com or 508-287-8279 a minimum of 2 weeks prior to the event.

PRESENTER INFORMATION: Jennifer Carvalho, LMHC

Jennifer Carvalho, LMHC, is a member of the Motivational Interviewing Network of Trainers (MINT) and a certified MITI coder who provides individualized MI feedback and coaching as part of professional coding teams. With over five years of MI practice and participation in more than a dozen formal trainings, Jennifer brings depth of experience and a strong commitment to MI fidelity and skill development. Her MI trainings emphasize experiential learning, reflective practice, and authentic collaboration, helping individuals move beyond techniques to apply MI naturally in real-world conversations.

Jennifer holds a graduate degree in Clinical Psychology from the University of Massachusetts–Dartmouth and is an EMDR-trained therapist with experience treating anxiety, depression, trauma, and chronic pain. She integrates MI with CBT, ACT, mindfulness, and trauma-focused approaches, ensuring her trainings and clinical work remain grounded in evidence-based practice and the spirit of compassion and partnership.