Jope Consulting Services

Presents via Zoom

# Advanced Motivational Interviewing

# An interactive live webinar experience

with Bob Jope, LMHC

member of the Motivational Interviewing Network of Trainers (MINT)

Motivational interviewing (MI) is a client-centered, evidence-based, goal-oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence with the individual. This active, skill-building workshop provides participants with an understanding of the benchmarks for competent MI practice, as well as opportunities to build skills toward those benchmarks in practice conversations. Participants will also learn to integrate Brief Action Planning into their use of MI, and are encouraged to consider ongo-ing training and coached practice to continue to develop their skills.

**Overall Goal**: Participants will be able to list the benchmarks for MI conversations as described in the Motivational Interviewing Treatment Integrity Coding Manual (MITI) 4.2.1 (Moyers, Manuel, and Ernst, 2014).

**Target Audience:** Helping professionals at all levels of education including, but not limited to, mental health counselors, social workers, substance use counselors, recovery coaches, and rehabilitation counselors

Learning Level: Advanced

# Learning Objectives:

- \* List the benchmarks for MI conversations described in the MITI, 4.2.1 (ibid)
- \* Demonstrate MI proficiency as described by the MITI coding manual, 4.2.1 (ibid)
- \* Use brief action planning to create a behavior change plan

Module	Description and Format of Module	Time of Module
	Day One	
Objective 1	Orientation to the Motivational Interviewing Treatment Integrity Code	1:00 pm – 2:30 pm
Break		2:30 pm – 2:45 pm
Objective 2	Demonstration of MI proficiency; skills practice	2:45 pm – 4:15 pm
	Day Two	
Objective 2	Skills practice continued	1:00 pm – 2:30 pm
Break		2:30 pm – 2:45 pm
Objective 3	Orientation to Brief Action Planning, demonstration, skills practice.	2:45 pm – 4:15 pm

Offered from 1:00pm to 4:15pm EST on: 12/14/22 (Part 1) and 12/15/22 (Part 2)

To register, visit: <u>www.jopeconsultingservices.com/registration</u>

Please log in using your full name 5 minutes prior to the start time to enable a prompt start to the training.

# Jope Consulting Services exists to enhance the compassion and efficacy of service delivery in the helping professions by identifying and promulgating evidence-based practices which are collaborative, trauma-informed, and supportive of personal autonomy.

# \$100 per

person!

### Continuing Education: THIS COURSE IS ELIGIBLE FOR 6 CONTINUING EDUCATION CREDITS

\*Jope Consulting Services has been approved by NBCC as an approved Continuing Education Provider, ACEP No. 7050. Programs that do not qualify for NBCC credit are clearly identified. Jope Consulting Services is solely responsible for all aspects of the programs. *Participants completing this training will receive 6 NBCC credit hours*.

\*A renewal application is being submitted for approval for ASWB. For an update on the status of this application, please email <u>linda@jopeconsultingservices.com</u>

\*A renewal application is being submitted for approval for NAADAC. For an update on the status of this application, please email <u>linda@jopeconsultingservices.com</u>

\*A renewal application is being submitted for approval for CRCC. For an update on the status of this application, please email <a href="https://www.linda@jopeconsultingservices.com">https://www.linda@jopeconsultingservices.com</a>

\*This training is approved for 6 contact hours by MBSACC.

\*This training is approved for 6 contact hours by the Massachusetts Board of Certification of Community Health Workers.

**Certificates:** To obtain a certificate of completion and CE credit, if applicable, **attendees must attend both sessions in their entirety** and complete a course evaluation. **No partial credit will be given**. Certificates will be issued via email within 14 days of completion of course requirements.

**System requirements:** Computer or smart device with a stable internet connection; connected or integrated microphone, speakers, and camera; and ability to interface with Zoom version 5.x.

**Registration:** To register and submit payment, go to <u>www.jopeconsultingservices.com/registration</u>. Registration will close one week prior to the event.

**Cancellation Policy**: Registered participants must cancel their registration a minimum of 14 days prior to the training event to receive a refund of half of their registration fee, or can elect to receive full credit toward a future training. To cancel your registration, email <u>linda@jopeconsultingservices.com</u> or call Linda at 508-287-8279.

**Special Accommodations**: If you need more information or a special accommodation to participate fully in this event, contact Linda Jope at <u>linda@jopeconsultingservices.com</u> or 508-287-8279 a minimum of 2 weeks prior to the event.

## PRESENTER INFORMATION: Bob Jope, LMHC

Bob has been a member of the Motivational Interviewing Network of Trainers since 2010. He teaches Motivational Interviewing (MI) as an adjunct faculty member at Salve Regina University, Rhode Island College, and University of Massachusetts; he is also a consultant with the Addiction Technology Transfer Center at Brown University and works as an MI coder for a nationally-recognized coding lab. Bob is the lead trainer for Jope Consulting Services, has taught MI at agencies all over New England, and consults internationally on teaching and coding the method.

Holding a Master's degree in Clinical Psychology, Bob has worked in the mental health, child welfare, and substance abuse fields for the past twenty-five years. He was originally trained in MI by Stephen Andrew in 2007, and has since trained with Ali Hall, Alan Lyme, Bill Miller, and Terri Moyers. Bob has also developed and taught program-specific MI training applications, and has trained thousands of people in various levels of Motivational Interviewing.





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