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| **November 13-14, 2019**  **9:30a-4:30p each day**  **@Cornerstone Montgomery**  **The Craig S. Knoll Integrated Health Center**  **1398 Lamberton Drive**  **Silver Spring, MD 20902** |  | **Introduction to**  **Motivational Interviewing (MI) Skills:**  **A 2-Day Intensive Workshop** |
|  |  | **Facilitators:**  Jennifer Frey and  Ali Hall  Members of the Motivational Interviewing Network of Trainers (MINT)  **For Information**  **E-Mail:** mi.consult.ahall@gmail.com |
|  |  | **Cost: $395.00**  **Discounts available for >5 participants registering** |
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| Overview This intensive and highly interactive workshop will introduce you to foundational concepts and skills in Motivational Interviewing (MI). You will develop a strong foundation for continuing to learn and grow in the MI approach, strengthening your abilities to help others change. Who Should Attend This workshop is intended for health care professionals, behavioral health and primary care providers, child welfare workers, educators, and criminal justice professionals who work with individuals on achieving their change goals. Key administrators and supervisors will also find significant value in this workshop, for promoting and sustaining MI skills in their milieu. Objectives As a result of this workshop, participants will be able to:   * Express MI Spirit in behavior change conversations * Begin using key MI skills in conversations * Identify the benefits of using MI in working with individuals for change * Explore options within one’s organization for continuing to develop MI skills  Suggested Prerequisites Eagerness to learn and grow in the MI model as well as interest in helping others change will help you make the most of this Introductory workshop. Participants with some prior experience with MI, as well as those who are hearing about MI for the first time, will discover great value in this workshop. Skill Evaluation During the workshop sequence, you will have an opportunity to assess your current MI practice level and identify your own unique goals for development. |  | eMaterials Your facilitators will make materials available electronically for your duplication and use in the workshop About your facilitators Jennifer Frey:  https://motivationalinterviewing.org/profile/JenniferFrey  **Ali Hall:**  **https://motivationalinterviewing.org/profile/AliHall**  Participants are responsible for their own snacks and meals. We will have two 15-minute breaks, one in the morning and one in the afternoon, as well as a one-hour lunch break. Restaurants and other food options are easily accessible.  Ample, free public parking is available in the area surrounding the training center.  Registration:  <https://www.signupgenius.com/go/70A0B4AADA828A6F58-introduction> |