



INTRODUCTION TO MOTIVATIONAL INTERVIEWING (MI)

PRACTICAL SKILLS FOR EFFECTIVE, PERSON-CENTERED CONVERSATIONS

Motivational Interviewing (MI) is an evidence-based, person-centered approach that helps people explore and make meaningful health or behavior changes. This training includes practical MI skills, processes, and strategies you will be able to use right away in your professional conversations.

Who Should Attend?

- ♦ Professionals in healthcare, behavioral health, dental health, government, or criminal justice
- ♦ Current ASU Social Work students
- ♦ Anyone seeking a solid introduction or a valuable “refresher” in MI

Training Details

Date: Friday, November 7, 2025

Time: 9:00 AM – 3:00 PM **(30-min lunch on your own)**

Location: ASU School of Social Work – Tucson Campus Tortolita Building, Room 230
340 N. Commerce Loop, Ste 250, Tucson, AZ 85745

Cost & Registration

\$5.00 for ASU Social Work students

⇒ Register with Diana Jimenez-Young, MSW Practicum Education Coordinator at diana.jimenez-young@asu.edu

\$150 for professionals

⇒ Register with Mary Dillon, Motivational Interviewing Learning Exchange at mdillon@milearningex.com



MI Trainer

Mary Dillon, MA of Motivational Interviewing Learning Exchange

Mary provides customized MI training for organizations in healthcare, behavioral health, criminal justice, and more.

For information about tailored trainings, contact: mdillon@milearningex.com