



## INTRODUCTION TO MOTIVATIONAL INTERVIEWING (MI)

Motivational Interviewing (MI) is a person-centered evidence-based approach that provides a framework, skills and strategies for having effective conversations with people about making health behavior changes.

This training is for current ASU Social Work students and professionals working in the field. It is designed as an introduction for new learners and a review for those who have not had MI training in the past 2 years.

**Date: March 21, 2025**

Time: 9:00 AM to 3:00 PM (30 min lunch on own)

Location: ASU School of Social Work –Tucson Campus Tortolita building Rm 230  
340 N. Commerce Loop, Ste 250 Tucson, AZ 85745

**Cost: Free to ASU Social Work Students**—students register by contacting Diana Jimenez-Young, MSW Field Education Coordinator at: [diana.jimenez-young@asu.edu](mailto:diana.jimenez-young@asu.edu)

**Cost: \$165.00 for professionals**—professionals register by contacting Mary Dillon, MI Trainer at: [mdillon@milearningex.com](mailto:mdillon@milearningex.com)

**Questions?:** contact Mary Dillon at: [mdillon@milearningex.com](mailto:mdillon@milearningex.com)



Mary Dillon, MA of Motivational Interviewing Learning Exchange will be providing this training. She also provides customized MI training for organizations in healthcare, dental health, behavioral health, government and criminal justice settings. To learn more about how MI can be trained and used at your workplace contact: [mdillon@milearningex.com](mailto:mdillon@milearningex.com)