



# Joype Consulting Services

Presents via Zoom

## *Basic Motivational Interviewing*

*an interactive live webinar experience*

with Bob Joype, LMHC

*member of the Motivational Interviewing Network of Trainers (MINT)*

Motivational interviewing (MI) is a client-centered, evidence-based, goal-oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence with the individual. This active, skill-building workshop provides participants with knowledge of the spirit, micro skills, and strategies of the model, and provides opportunities to practice the approach. Participants will complete the workshop with a good understanding of MI, and are encouraged to take the Intermediate and Advanced MI workshops to develop proficiency in this method.

**Overall Goal:** Participants will be introduced to the spirit, skills, and strategies of Motivational Interviewing.

**Target Audience:** Helping professionals at all levels of education including, but not limited to, mental health counselors, social workers, substance use counselors, and rehabilitation counselors.

**Learning Level:** Introductory

**Learning Objectives:** Following this presentation, participants will be able to:

- \* Describe several core concepts of Motivational Interviewing.
- \* Demonstrate the various micro skills of Motivational Interviewing.
- \* List five strategies for using Motivational Interviewing to elicit change talk.

**\$100 per  
Person!**

| Module      | Description and Format of Module                                       | Time of Module    |
|-------------|--|-------------------|
| Day One     |  |                   |
| Objective 1 | Lecture and discussion: Core concepts and spirit of MI                 | 1:00 pm – 2:30 pm |
| Break       |  | 2:30 pm – 2:45 pm |
| Objective 2 | Lecture and discussion: Spirit of MI                                   | 2:45 pm – 4:15 pm |
| Day Two     |  |                   |
| Objective 2 | Lecture, discussion, and demonstration: Skills of MI                   | 1:00 pm – 2:30 pm |
| Break       |  | 2:30 pm – 2:45 pm |
| Objective 3 | Coached practice: Spirit and Skills of MI<br>Lecture: Strategies of MI | 2:45 pm – 4:15 pm |

Offered from 1 pm to 4:15 pm EST on: 01/12/22 (Part 1) and 01/13/22 (Part 2)

To register, visit: [www.joypeconsultingservices.com/registration](http://www.joypeconsultingservices.com/registration)

Please log in using your full name 5 minutes prior to the start time to enable a prompt start to the training.

Joype Consulting Services exists to enhance the compassion and efficacy of service delivery in the helping professions by identifying and promulgating evidence-based practices which are collaborative, trauma-informed, and supportive of personal autonomy.

## Continuing Education: THIS COURSE IS ELIGIBLE FOR 6 CONTINUING EDUCATION CREDITS

\*Jope Consulting Services has been approved by NBCC as an approved Continuing Education Provider, ACEP No. 7050. Programs that do not qualify for NBCC credit are clearly identified. Jope Consulting Services is solely responsible for all aspects of the programs. *Participants completing this training will receive 6 NBCC credit hours.*

\*This course has been approved by Jope Consulting Services, as a NAADAC approved education provider, for 6 CEs. NAADAC Provider number 207446. Jope Consulting Services is responsible for all aspects of its programming. *This course addresses the Counseling Skill Group of Counseling Services.*

\*This training is approved for 6 credit hours by CRCC.

\*Basic Motivational Interviewing, course #2684, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by Jope Consulting Services as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 2/27/20—2/27/22. Social workers completing this course receive 6 General Social Work Practice continuing education credits.

**Certificates:** To receive a certificate of completion and CE credit, if applicable, **attendees must attend both sessions in their entirety** and complete a course evaluation. **No partial credit will be given.** Evaluations will be emailed to participants after the training. Certificates will be issued via email within 14 days of completion of course requirements.

**System requirements:** Computer or smart device with a stable internet connection; connected or integrated microphone, speakers, and camera; and ability to interface with Zoom version 5.x.

**Registration:** To register and submit payment, go to [www.jopeconsultingservices.com/registration](http://www.jopeconsultingservices.com/registration). Registration will close one week prior to the event.

**Cancellation Policy:** Registered participants must cancel their registration a minimum of 14 days prior to the training event to receive a refund of half of their registration fee, or can elect to receive full credit toward a future training. To cancel your registration, email [linda@jopeconsultingservices.com](mailto:linda@jopeconsultingservices.com) or call Linda at 508-287-8279.

**Special Accommodations:** If you need more information or a special accommodation to participate fully in this event, contact Linda Jope at [linda@jopeconsultingservices.com](mailto:linda@jopeconsultingservices.com) or 508-287-8279 a minimum of 2 weeks prior to the event.

## PRESENTER INFORMATION: Bob Jope, LMHC

Bob is a member of the Motivational Interviewing Network of Trainers. He teaches Motivational Interviewing as an adjunct faculty member at Salve Regina University, Rhode Island College, and previously at the University of Massachusetts Boston; he is also a consultant with the Addiction Technology Transfer Center at Brown University and works as a Motivational Interviewing coder for a nationally-recognized coding lab. Bob is the lead trainer for Jope Consulting Services, has taught Motivational Interviewing at agencies all over New England, and consults internationally on teaching and coding the method.

Holding a Master's degree in Clinical Psychology, Bob has worked in the mental health, child welfare, and substance abuse fields for the past twenty-five years. He was originally trained in Motivational Interviewing by Stephen Andrew in 2007, and has since trained with Ali Hall and Alan Lyme. Bob has also developed and taught program-specific MI training applications, and has trained thousands of people in various levels of Motivational Interviewing.

