



TEAM MEMBER	GUEST
Hello. I heard you are feeling better and want to get out of here. Can we talk for a few minutes?	
	Yeah, sure. I feel better and I wanna go. They wanted me to talk to you first.
Glad to hear you're feeling better. Makes sense you're thinking about getting back to your life.	
	Yeah, I haven't seen my friends in a while.
They're really important to you.	
	Yep, when we're out there, we take care of each other and I'm worried how they're doing.
That's part of why you came here—to look out for them.	
	Exactly. No one else does; we have to watch out for each other.
It makes sense. Thinking about taking care of them, what do you already know about how long it's recommended people stay after they start feeling better?	
	Well, I know I'm supposed to stay here for a few more days but I'm feeling worried about my friends because right now, there's no way to get in touch with them.
Your friends' safety has been on your mind a lot.	
	Yeah, one of my friends is older and has diabetes.
That's part of why you came here—to avoid exposing him to the virus.	
	Yeah, I would be really bummed if he got sick because of me.



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You made a responsible choice.	
	I sure hope so.
Would it be OK if I shared why we ask people to stay for a particular amount of time?	
	Yeah because I thought If I don't have a fever or a cough, I should be good to go.
It ought to be safe for you to leave.	
	Yeah. If I'm feeling better, I'm not going to make anyone sick.
You're on to something there. Is it OK if I add to what you already know about the three indicators the Centers for Disease Control looks for?	
	Sure.
The CDC guidelines to stop the spread of this virus include not having a fever, like you said. They recommend not having a fever for 72 hours without taking fever-reducing medication.	
	I didn't realize it was not having a fever without taking medication. I just stopped that yesterday.
You might need a bit more time there.	
	Ugh, damn.
The second indicator is not having a cough or shortness of breath.	
	Yeah I haven't been coughing in a while. I never had shortness of breath.



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So far, you no longer have a cough and you never had shortness of breath. You're making progress on the fever; we're aiming for 72 hours on that one.	
	That sounds right.
And the third indicator from the CDC is more than 7 days since your symptoms first started.	
	I think it's been less than that but I'm not sure.
That's something we can find out.	
	So, even though I'm feeling better, I could still be contagious?
That's what you're wondering.	
	Yeah, you know, my cough is better, and my fever finally broke, but I can't quite remember when my symptoms started.
You don't want to leave if you're contagious and risk getting others sick, like your friend with diabetes. If you want, I can check with the nurse about when your symptoms started.	
	Yeah, that might be good. And for sure, I don't want to make anyone sick. No offense, but this place sucks.
It's no fun being somewhere you don't want to be.	
	Exactly.
Let me summarize what we talked about: You are making progress on the 3 CDC indicators. I'll check with the nurse to find out when your symptoms started. A big part of why you're here is for your friends. You don't want them to be sick and suffer like you did.	



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	Obviously, I really do want to get out of here, but I don't want my friends to deal with this crap, too.
You'd feel crappy if you gave it to one of your friends.	
	Yes, and they'd be pissed at me.
I wonder where that leaves you now.	
	Well, I really want to leave, but I probably should stay for a little longer.
You want to be sure you're not contagious anymore.	
	Yeah. Can I talk to the nurse to see how much longer I need to stay?
Sure. Let me find out when they can talk to you. In the meantime, I have this fact sheet with more information on those three indicators from the CDC we talked about. Is it OK if I leave it outside your door?	
	Sure.
One last thing: Would it be OK to check in with you after you talk to the nurse?	
	That works.
Great. All of us here want people to get through this as safely and comfortably as possible. You're getting close, and we want to help you through the home stretch.	
	That makes sense. Hey, while we're on the phone, I could use some more Gatorade, and maybe something to read.



Supporting guests at COVID-19 isolation and quarantine sites: A jump start in using Motivational Interviewing (MI): Sample conversation using Elicit – Provide – Elicit (03 26 2020)

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I can get all of that for you. I'll leave it outside your door along with the fact sheet, and find out when the nurse is available. We'll talk again after you check in with the nurse.	
	Sounds good.
Thank you.	