

Example of Empathy Pre-Screen “Pass”

Therapist: “Jane Doe”

Roleplay Client is “Jamie”

Open Ended Question

Affirmation-Good!

Affirmation-you’re still hanging in

Open Ended Question

Open Ended Question

Open Ended Question

Reflection

Open Ended Question

Reflection (avoided premature focus trap)

Open Ended Question

Reflection

Open Ended Question

Reflection of Emotion

Reflection

Open Ended Question

Reflection

Reflection

Reflection

Reflection

Closed Question

Closed Question

Non verbal reflection of emotion

Reflection

Closed Question (but really a reflection: “that’s hard isn’t it?”)

Prompt for information-tell me more about..

Reflection

Reflection but turned up at the end : missing that job?

Prompt for information

Reflection

Open Ended Question: how was that a problem for him?

Reflection

Open Ended Question : tell me how you feel about it?

Reflection

Reflection

Reflection-but turned into question at the end : was a bigger deal?

Open Ended Question

Reflection

Closed Question

Explanation : I’m trying to figure out these problems you’re having

Open Ended Question

Reflection

Open ended Question to develop discrepancy : what do you like about your drinking?

Reflection

Closed Question: aren ' t so good

Reflection to develop discrepancy

Reflection

(interesting comment; in response to a SMS, she says, Ahuh, you think?)

Reflection of emotion

Reflection

Asking permission to discuss drinking

Affirmation

Instruction-what to do next time