

# Kathleen Watson, M.A., Ed.M., DrPH(c)

[Kwatson825@gmail.com](mailto:kwatson825@gmail.com)

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## EDUCATION

- [Drexel University](#), Doctorate of Public Health in Health Policy and Social Justice Expected 2017
- Under the advisement of Dr. Mariana Chilton, Associate Professor
  - Dissertation Topic: "Addressing the Trauma of Gender-Based Violence in the Education System: An Examination of the Training Needs of Title IX Coordinators"
- [Columbia University](#), Master of Education in Psychological Counseling 2009-2010
- Additional 28 credits of graduate work beyond the Masters of Arts Degree (completed in 2009)
  - Completed a year-long externship at John Jay College of Criminal Justice's Counseling Center and a semester-long practicum at the Dean Hope Center for Educational and Psychological Services.
- [Columbia University](#), Master of Arts in Psychological Counseling 2007-2009
- Participated in the Health Disparities Seminar through the Department of Health Education
  - Completed the Master of Arts Comprehensive Exam in the fall of 2009. Degree awarded February 2010.
- [Towson University](#) Honors College, Bachelor of Arts in Psychology 2002-2005
- Studied Spanish at the [Universitat Pompeu Fabra](#) in Barcelona, Spain in the summer of 2004
  - Participated in the Clinical Psychology Honors Program, which included intensive training in clinical interviewing, as well as a clinical internship at the Sullivan Day Hospital for Adults with Chronic and Severe Mental Illness (with weekly supervision).

## ACADEMIC APPOINTMENTS

- Assistant Professor, Criminal Justice Studies  
Department: Legal Studies Division  
Peirce College  
Philadelphia, PA 2014-2017
- Classes: CJS201 Introduction to Research Methods  
CJS310 Victim Advocacy  
CJS401 Advanced Research Methods
- Assistant Professor, Healthcare Administration  
Department: Healthcare Division  
Peirce College  
Philadelphia, PA 2012-2017
- Classes: HCA210 Healthcare Delivery in the United States  
HCA220 Cultural Competency in Health and Human Services  
HCA320 Public and Community Health  
HCA460 Health Policy  
HIA340 Healthcare Research Methods

## LEADERSHIP POSITIONS

- Owner, [Watson Wellness Promotion](#) 2012-Present
- Delivers group and individual training in Motivational Interviewing, Violence Prevention and Intervention, Culturally Competent Care, and Trauma-Informed Practice.
  - On-going consultant for the United States Military's Sexual Assault Response Program, Children's Hospital of Philadelphia, Philadelphia College of Osteopathic Medicine, Philadelphia Mayor's Office

## HONORS AND AWARDS

Winner of the Teaching Excellence Award at the Peirce College Distinguished S.T.A.R. Awards Ceremony	2015
Winner of the "Young Entrepreneur Award" at the Towson University Young Alumni Awards Ceremony	2015
Winner "Best Poster" at the poster session for the Temple University Teaching and Learning Conference	2015
Recipient of the VP for Student Affairs Award at the Towson University Leadership Awards	2005
Recipient of the All-American Scholar Award	2004
Recipient of the Towson University Study Abroad Scholarship Award	2004
Recipient of the American Institute of Foreign Study Scholarship Award	2004

## PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

International Conference on Motivational Interviewing (ICMI) Planning Committee for Philadelphia-based meeting in June 2017	2016- 2017
<a href="#">Association for Title IX Administrators</a> (ATIXA) Member	2015-Present
<a href="#">National Organization for Victims Assistance</a> (NOVA) Workshop Presenter, Annual Meeting in San Diego, CA (2017) Workshop Presenter, Annual Meeting in Atlanta, Georgia (2016) Instructor, National Advocacy Leadership Center (2016-present) Workshop Presenter, Annual Meeting in Dallas, Texas (2015) Workshop Presenter, Annual Meeting in Philadelphia, PA (2011)	2011-Present
<a href="#">Motivational Interviewing Network of Trainers</a> (MINT) Committee Member, Program Planning Committee for Malahide (2016-2017) Chair, Program Planning Committee for Montreal, Canada Meeting (2015-2016) Committee Member, Program Planning Committee for Berlin, Germany (2014-2015) Plenary Speaker, Annual MINT Forum in Berlin, Germany (2015) Workshop Presenter, Annual MINT Forum in Atlanta, Georgia (2014) Initiated as a Member in Sheffield, England (2011)	2011- Present

## REVIEWER AND EDITORIAL RESPONSIBILITIES

"Maternal and Child Health from Evidence to Practice" A Symposium hosted by Drexel University Dornsife School of Public Health Abstract Reviewer	2016
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## DEVELOPMENT OF CURRICULA AND EDUCATIONAL MATERIALS

United States Army <ul style="list-style-type: none"><li>Developed training materials for the Sexual Assault Response Program</li><li>Scheduled to conduct the live training in Belgium and Germany in August 2017</li></ul>	2017
United States Air Force <ul style="list-style-type: none"><li>Developed training materials for the Sexual Assault Response Program</li><li>Conducted the live training in Misawa, Japan in April 2017</li><li>Scheduled live trainings for Osan, Korea in Fall 2017</li></ul>	2016-2017
United States National Guard <ul style="list-style-type: none"><li>Developed training materials for the Sexual Assault Response Program</li><li>Conducted training in Little Rock, Arkansas to 150+ Sexual Assault Responders</li></ul>	2014- 2015

## CLINICAL PRACTICE

- Family Health Advocate, University of Pennsylvania School of Social Policy and Practice 2010-2014
- Delivered a Motivational Enhancement Therapy (MET) intervention in federally qualified health centers throughout Philadelphia; Intervention aimed to 1. Screen women for exposure to intimate partner violence, 2. Provide counseling and support, 3. And connect the patients to long term support to enhance safety
  - Project was associated with a NIH grant-funded program
- Therapist, [Dean Hope Center for Educational and Psychological Services](#), New York, NY 2009-2010
- Provided psychotherapy for adults and children in a community mental health clinic
- Counseling Department Extern, [John Jay College of Criminal Justice](#), New York, NY 2009-2010
- Maintained a caseload of undergraduate clients for personal counseling and career counseling
  - Facilitated weekly support group for women on body image and women's health
- Substance Abuse Prevention Specialist, [Health Services at Columbia University](#), 2007-2009
- Maintained a caseload of approximately 50 students each semester for the BASICS program (BASICS stands for Brief Alcohol Screening and Intervention in College Students)
  - Coordinated the AlcoholEDU online health education program and interpreted the data
- Mental Health Worker, [Sheppard Pratt Mental Health Systems](#), Baltimore, MD 2005-2007
- Worked on the Adolescent Male Inpatient Crisis Stabilization Unit and the Neuropsychological Unit
  - Engaged patients in individual and group therapeutic interventions according to treatment plans
  - Documented progress notes and observations in compliance with hospital standards
- Substance Abuse Prevention Specialist  
[Baltimore County Department of Health, Bureau of Substance Abuse](#), 2004-2005
- Trained 42 Baltimore County school faculty members to implement leadership programs
  - Hosted monthly "Leadership Workshops" for 130 Baltimore County faculty advisors
  - Created the Baltimore County Leadership Curriculum (distributed to schools)

## RESEARCH EXPERIENCE

- Role:** **DISSERTATION RESEARCH** Present
- Institution:** Drexel University School of Public Health
- Project:** Addressing the Trauma of Gender-Based Violence in the Education System: An Examination of the Training Needs of Title IX Coordinators
- Conducts semi-structured qualitative interviews with participants
  - Current status: Preparing to defend results
- Role:** **TRAINING COORDINATOR** Present
- Institution:** Florida State University
- Investigators:** Dr. Amy Weatherby (PI), Dr. Heather Flynn, Dr. Craig Newschaffer
- Project:** Mobilizing Communities with the Autism Navigator for Primary Care
- Provides MITI Coding to measure treatment fidelity to Motivational Interviewing intervention
  - Current status: Preparing to launch recruitment and enrollment
- Role:** **CONSULTANT** 2016
- Institution:** University of Illinois at Chicago, Department of Pediatrics
- Investigator:** Dr. James Ronayne, MD, FAAP, ACT (PI)
- Project:** Various Projects
- Trained research team to use MITI coding system to measure treatment fidelity to Motivational Interviewing

**Role:** **CONSULTANT** 2015-2016  
**Institution:** Children’s Hospital of Philadelphia, Center for Injury Research and Prevention  
**Investigator:** Dr. Flaura Winston, M.D. (PI)  
**Project:** Pilot of MI Intervention for Injury Prevention

- Designed the protocol for a brief Motivational Interviewing intervention for injury prevention
- Served as the interventionist for the pilot of the project

**Role:** **INTERVENTIONIST and TRAINER** 2010-2014  
**Institution:** University of Pennsylvania, Perelman School of Medicine  
**Investigators:** Dr. Karin V. Rhodes (PI), Dr. Paul Crits-Cristoff, Dr. Andrea Doyle  
**Project:** “RCT of Brief Intervention for Problem Drinking and Partner Violence”

- NIAAA-sponsored longitudinal RCT intervention for female patients in the emergency department
- Enrolled 600 women, who were each randomized one of into 3 intervention groups
- Results of study published in JAMA: Rhodes, K., Rodgers, M., Sommers, M., Hanlon, A., Chittams, J., Doyle, A., Dattner, E., Crits-Cristoff, P. (2015) Brief Motivational Intervention for Intimate Partner Violence and Heavy Drinking in the Emergency Department: A Randomized Clinical Trial. *Journal of American Medical Association*, 314(5), 466-477. doi:10.1001/jama.2015.8369

**Role:** **RESEARCH ASSISTANT** 2011-2012  
**Institution:** University of Pennsylvania, School of Social Policy and Practice  
**Investigator:** Dr. Andrea Doyle, Ph.D. (PI)  
**Project:** Assisted with manuscript preparation for qualitative study in which HIV positive women were interviewed about their current access to health care.

**Role:** **CONSULTANT** 2011-2012  
**Institution:** University of Pennsylvania, School of Social Policy and Practice  
**Investigator:** Dr. Julie Tennille, MSW, Ph.D. (PI)  
**Project:** “Motivational Interviewing as a Supervision Tool for MSW Field Supervisors”

- Coded 40 recordings of Motivational Interviewing using the MITI 3.1 adherence measure.

**Role:** **INTERVENTIONIST** 2010-2011  
**Institution:** University of Pennsylvania, School of Social Policy and Practice  
**Investigator:** Dr. Karin V. Rhodes, MD, MS (PI)  
**Project:** “Feasibility of Primary Care Interventions for Domestic Violence-involved Males”

- Co-Authored an intervention manual “Brief Motivational Enhancement Intervention to Improve Social Health”

**Role:** **CLINICAL RESEARCH SUPERVISOR** 2010-2011  
**Institution:** University of Pennsylvania, School of Social Policy and Practice  
**Investigators:** Dr. Karin V. Rhodes (PI), Dr. Paul Crits-Cristoff, Dr. J.A. Grisso  
**Project:** “Community Health Center Intervention for Intimate Partner Violence”

- Rhodes, K. V., Grisso, J. A., Rodgers, M., Gohel, M., Witherspoon, M., Davis, M., Dempsey, S., and Crits-Cristoff, P. (2013) The anatomy of a community health center system-level intervention for intimate partner violence. *Journal of Urban Health* (doi:10.1007/s11524-013-9816-9) (Copy available upon request)

**Role:** **RESEARCH ASSISTANT** 2008-2009  
**Institution:** Columbia University Health Services  
**Investigators:** Dr. Justin Laird (PI) and Dr. Melissa Kenzig  
**Project:** “An Ethnographic Study to Define ‘Columbia Drinking Culture’”

**Role:** RESEARCH ASSISTANT 2007-2008  
**Institution:** Columbia University, Department of Counseling and Clinical Psychology  
**Investigator:** Dr. Robert T. Carter, Ph.D. (PI)  
**Project:** Various projects for related to "Raced Based Traumatic Stress (RBTS)"

**PUBLICATIONS**

Glassman, S. and **Watson, K.** (2017) Motivational Interviewing. *SAGE Encyclopedia for Abnormal and Clinical Psychology*. Thousand Oaks, California. ISBN 978-1483365831. (Copy available upon request).  
**Watson, K.** (2015). Trauma-informed strategies for the criminal justice classroom. *Academy of Criminal Justice Sciences Today*, 40(5), p. 32-25. Available upon request.

**PRESENTATIONS**

**INTERNATIONAL**

"Motivational Interviewing for Military Victim Advocates" United States Air Force Osan, Korea	Planned for 2017
"Motivational Interviewing for Military Victim Advocates" United States Air Force Okinawa, Japan	Planned for 2017
"The Sanctuary Model: Healing Traumatized Systems and Organizations" Annual Meeting of the Motivational Interviewing Network of Trainers Malahide, Ireland	Accepted for 2017
"Motivational Interviewing for Military Victim Advocates" United States Army Stuttgart, Germany	2017
"Motivational Interviewing for Military Victim Advocates" United States Army Wiesbaden, Germany	2017
"Motivational Interviewing for Military Victim Advocates" United States Army Chievres, Belgium	2017
"Motivational Interviewing for Military Victim Advocates" United States Air Force Misawa, Japan	2017
"Motivational Interviewing for Victim Advocates" Annual Meeting of the Motivational Interviewing Network of Trainers Montreal, Canada	2016
"Plenary: Ethical Itches in the World of Motivational Interviewing" Plenary Speaker, Annual Meeting of the Motivational Interviewing Network of Trainers Berlin, Germany	2015

**NATIONAL**

<i>"Motivational Interviewing for Victim Advocates"</i> National Organization for Victims Assistance Annual Conference San Diego, CA	2017
<i>"Intro to Motivational Interviewing and MITI Coding"</i> University of Illinois Chicago, Illinois	2016
<i>"Motivational Interviewing for Victim Advocates"</i> National Organization for Victims Assistance Annual Conference Atlanta, Georgia	2016
<i>"Motivational Interviewing for Family Medicine"</i> Invited to speak by Texas Tech University Medical School Lubbock, Texas	2016
<i>"Mini-Course in Motivational Interviewing"</i> Office Practice of Primary Care (CME Event) Invited to speak by Harvard University Medical School Boston, Massachusetts	2016
<i>"BASICS and Advanced Motivational Interviewing Skills"</i> Invited to speak by Princeton University Princeton, New Jersey	2015
<i>"A Trauma-Informed Approach to Working with Victims of Sexual Assault"</i> New York State College Health Association Annual Conference Albany, New York	2015
<i>"Motivational Interviewing and Trauma-Informed Practice for Sexual Assault Survivors"</i> National Organization for Victim Advocates Annual Conference Dallas, Texas	2015
<i>"BASICS Training" (Brief Alcohol Screening and Intervention for College Students)</i> Invited to speak by University at Buffalo Student Health Center Buffalo, New York	2015
<i>"Motivational Interviewing to Support Victims of Sexual Assault"</i> New York State College Health Association Syracuse, New York	2014
<i>"BASICS Training" (Brief Alcohol Screening and Intervention for College Students)</i> Invited to speak by University of Rochester Rochester, New York	2014
<i>"Motivational Interviewing for Military Sexual Assault Victim Advocates"</i> Invited to speak by the United States National Guard Little Rock, Arkansas	2014

*"BASICS Training"* (Brief Alcohol Screening and Intervention for College Students) 2013  
Invited to speak by Columbia University Health Services  
New York, New York

*"Building the Evidence Base for Screening and Intervening with IPV in Health Care Settings"* 2012  
National Conference on Health and Domestic Violence  
San Francisco, California

**LOCAL**

*"It Keeps Me Up at Night': Trauma Experienced by Title IX Coordinators in the U.S. Education System"*  
Sex and Gender Research Forum 2017  
Institute for Women's Health and Leadership at Drexel University  
Philadelphia, PA

*"Understanding Title IX as Civil Rights Policy to Protect Gender Equity and Prevent Violence"* 2016  
Invited to speak by Peirce College (Presentation to Faculty and Staff)  
Philadelphia, PA

*"Understanding the Body's Response to Trauma"* 2015  
Invited to speak by the Heart Healthy Program at the Philadelphia College of Osteopathic Medicine  
Philadelphia, PA

*"Responding to Cases of Domestic Violence in Primary Care"* 2015  
Invited to speak by the Primary Scholars Program at the Philadelphia College of Osteopathic Medicine  
Philadelphia, PA

*"Understanding Title IX of the 1972 Educational Amendments as Civil Rights Policy to Protect Gender Equity and Prevent Violence"* 2015  
Invited to speak by Peirce College (Presentation to Faculty and Staff)  
Philadelphia, PA

*"Trauma-Informed Care Series: Introduction to Motivational Interviewing"* 2014  
Invited to speak by the Philadelphia Mayor's Office  
Philadelphia, PA

*"Introduction to Motivational Interviewing for Child Welfare Advocates"* 2014  
Invited to speak by the Asociacion Puertoriquenos en March (APM)  
Philadelphia, PA

*"Introduction to Motivational Interviewing"* 2013  
Invited to speak by The Program for Women and Families, Inc.  
Allentown, PA

*"Introduction to Motivational Interviewing"* 2013  
Invited to speak by Drexel University Center for Nonviolence and Social Justice  
Philadelphia, PA

*"Motivational Interviewing: Communicating for Change"* 2012  
Invited to speak by The Program for Women and Families, Inc.  
Allentown, PA

<p><i>“Motivational Interviewing and Applications to Women in Transition”</i> Invited to speak by the staff of Women in Transition, Inc. Philadelphia, PA</p>	2011
<p><i>“Promoting Empowerment in Crime Victims: Using Motivational Interviewing Skills”</i> National Organization for Victim Assistance Conference Philadelphia, PA</p>	2011
<p><i>“Motivational Interviewing: Communication to Promote Change”</i> Invited to speak by the Philadelphia Office of the District Attorney Victims Assistance Program Philadelphia, PA</p>	2011
<p><i>“Addressing Domestic Violence in the Community Health Center”</i> Invited to speak by Community Health Center #9 Philadelphia, PA</p>	2011

### **POSTER PRESENTATIONS**

<p><i>“The Trauma-Informed Classroom: Understanding the Neuroscience of a Student’s Capacity to Learn Following Exposure to Traumatic Events”</i> Poster presented at the Drexel University Center for Academic Excellence Inaugural Showcase of Teaching Conference Philadelphia, PA</p>	2016
<p><i>“The Trauma-Informed Classroom: Understanding the Neuroscience of a Student’s Capacity to Learn Following Exposure to Traumatic Events” (Winner: “Best Poster” of the Conference)</i> Poster presented at the Temple University Teaching and Learning Conference Philadelphia, PA</p>	2015

### **CERTIFICATIONS**

Certified Victim Advocate, National Advocate Credentialing Program, (Certificate available)	2017
Certified Health Coach, ACE Fitness (Certificate available upon request)	2016
Certified Mind and Body Specialist, <a href="#">ACE Fitness</a> (Certificate available upon request)	2016
Certified Domestic Violence Advocate in the State of PA, (Certificate available upon request)	2010- present

### **COMMITTEE WORK**

Co-Chair, Peirce College Diversity and Inclusion Council	2016- Present
MEMBER, Peirce College Title IX Task Force	2015- Present
MEMBER, Peirce College Employee Health and Wellness Committee	2015- Present
CO-LEADER, Faculty Mentoring Program, Peirce College	2013- Present
MEMBER, Health Programs Advisory Board Committee, Peirce College	2013- Present
MEMBER, Criminal Justice Advisory Board Committee, Peirce College	2013- Present
CHAIR, Program Planning Committee for Motivational Interviewing Network of Trainers	2015-2016
MEMBER, Diversity and Inclusion Council, Peirce College	2013- 2016

### **VOLUNTEER WORK**

Man or Woman of the Year Team Member, <a href="#">Leukemia and Lymphoma Society</a>	2016
<ul style="list-style-type: none"> <li>Member of a team which raised \$60,000 to fund a research grant</li> </ul>	