***Registration Open:***

***Core Motivational Interviewing***

The goal of this two-day training will be to introduce the most current information on MI that supports its efficacy as an evidenced based practice. Grounded in the underlying spirit of MI, the four processes introduced in 2013 will be reviewed and their utility will be explored. Participants will have an opportunity to learn the basic skill-set needed for MI, the underlying spirit and basic building blocks, and how it may be utilized in a variety of settings. Role play and practice are a large part of this experience. Participants will be encouraged to actively engage with the material and complete various exercises designed to strengthen awareness and hone skills.



**Objectives:** At the end of this training participants will be able to:

1. Describe the four processes utilized in Motivational Interviewing

2. Illustrate the four foci of the MI spirit

3. Explain the contrast of sustain and change talk

4. Discuss concrete strategies for addressing discord in the conversation.

5. Demonstrate through role-play the ability to provide empathic reflective statements.

**Training Facilitated by: Alan Lyme,** **LISW, MAC**

***Alan Lyme*** *brings respected and innovative clinical and program management skills as the Training Director for the Phoenix Center’s Lottie Beal Gibson Center of Excellence in Greenville, South Carolina. Alan has provided trainings nationally on Motivational Interviewing, Clinical Supervision, and Skills on Working with Men. He received a Bachelor’s Degree in Social Work from Florida Atlantic University in 1998 and a Master’s Degree in Social Work from Barry University in 1999. Since 2004, Alan is a MINT recognized Motivational Interviewing trainer, an Internationally Certified Clinical Supervisor, and an Internationally Certified Alcohol and Drug Counselor.*

***Spaces are filling up fast!! Register today!!***

**To register online, please visit:**

<http://www.gibsontrainingcenter.org/clinical-training.php>

**For more information, please contact:**

Stephanie Bentley | [sbentley@phoenixcenter.org](mailto:sbentley@phoenixcenter.org) | 864-467-3065

***February 7-8 2019***

**8:30a – 4:30p**

**Cost $250**

**Lottie Beal Gibson Center of Excellence**

**130 Industrial Drive, Greenville, SC 29607**