



About Annie
Fahy RN, LCSW

Annie is a registered nurse and a Licensed clinical social worker with a vast background working with difficult clients Since 2004 she had offered all levels of MI training and organizational change based on innovations from MI as well as training in Harm Reduction and other efficacy based practice. Annie is one of the first Certified M.I.N.T. trainers. Her trainings are interactive and designed for immediate implementation.



Learn

Motivational Interviewing

Working in health and human services set-tings involves addressing behavior or lifestyle change. Whether new to the field or “well seasoned” supporting others to make life decisions can be difficult and taxing especially, when someone *just won't listen*. Incorporating MI into practice and work settings pro-vides professionals with ways to address behavior change in an effective person-centered style.

MI DELIVERABLES

- **Powerful tools to enhance communication**
- **A plan to practice MI skills prior to using them in “real life”.**
- **A learning environment guided by the spirit and foundations of MI, and an instructor who models the method**
- **Competencies and strategies to use with difficult client situations.**
- **A plan for future learning**
- **Full Implementation and development of skills proficiency**
- **Person Centered Ethics**
- **Manager and supervisor guidance for complex settings and populations & systems**
- **Individual and team coaching**

**Motivational Interviewing:
Basics & Updates 2023
July 12-13 (ZOOM)**

Sept 21-22 (Live, Charlotte,NC)

NOV 30 & Dec 1 (Zoom)

\$249

Alumni Price \$225

**Motivational Interviewing:
Intermediate Skills & Practice**

Sept 29

Dec 8

9:30-12:30 EST

\$ TIP JAR

MI is a particular way of having a conversation about change so that it is the client rather than the clinician who voices the arguments for the change.
Miller & Rollnick (2013)



You must have computer access for this class.
(ZOOM Platform)

LEARNING OBJECTIVES

- Gain understanding of the “spirit” and key principles and theoretical basis of Motivational Interviewing (MI)
- Gain knowledge and practice MI skills and early strategies that are demonstrated to decrease resistance and create working collaborations
- Learn and practice MI skills including complex reflections, affirmations and summaries • Assess and understand how to integrate interpersonal style with primary skills for evoking intrinsic motivation in clients
- Receive feedback in MI practice and receive basic knowledge in guiding your own and others practice MI and coding practices
- Engage and gain understanding in the ethical considerations of MI with clients
- Develop a personal plan for practicing and incorporating the primary skills and strategies of MI into counseling & healthcare practice.



Who Should Attend

- Psychologists,
- counselors,
- social workers
- addiction treatment providers
- Physical therapists,
- dietitians and other allied health professionals
- Peer Support Workers
- Personal trainers
- Recovery & Life coaches,
- clergy, peer support workers
- Practice managers
- program administrators
- Physicians, nurses, case managers
- Health educators
- Care managers

MI Training Activities will address-

- Smoking cessation • Medication adherence • Job and lifestyle skills • Safer sex practices • Chronic health diseases like asthma, diabetes and heart problems • Abuse and Addiction • Adherence & Self Management



FEES & DETAILS

BASICS

\$249 /anniefahy.com

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MORE INFO

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