

Introduction to Motivational Interviewing (MI)

This is a 2-day virtual workshop that will introduce participants to MI concepts and practice. MI is "a collaborative conversation style for strengthening a person's own commitment to change." (Miller & Rollnick, 2013). Providers who are trained in MI learn how to effectively communicate with others to both evoke wisdom and share their own expertise effectively.

JOIN US VIRTUALLY ON AUGUST 17, 18, 24 AND 25, 2022
9:00 AM - 12:30 PM MDT EACH DAY
COST: \$160 PER PERSON

Receive 14 CE's accredited by The American Psychological Association (APA)

ABOUT THE CLASS

Participants will learn about the fundamentals of MI including understanding ambivalence, the MI Spirit, and how we can best support others when considering change. This workshop will include opportunities for topic discussion and practicing reflective listening, developing focus, and recognizing, evoking, and responding to a person's "change talk".

ABOUT THE TRAINERS

Lindsay Worth and Alicia Shiver are co-owners of MITC, a training company based in Albuquerque, NM, USA. Alicia and Lindsay are members of MINT and have a combined 34 years of experience working in clinical research, addictions, corrections, education, behavioral health, and medical settings. They have been training others in Motivational Interviewing for 8 years and have received training and supervision by the founder of MI, Dr. William Miller.



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