



## MOTIVATIONAL INTERVIEWING (MI) SEMINAR

Friday August 30, 2019 | 8:30 a.m. to 10:00 a.m.

*Motivational Interviewing (MI) is a person-centered counseling style for addressing the common problem of ambivalence about change.*

This MI seminar is designed for helping professionals who want to learn how Motivational Interviewing can help you to work smarter, not harder.

This seminar will focus on the latest skill of MI, providing information and advice with permission. You will learn how to give education or advice in a way that people are **more** likely to hear and use it.



### About the Trainer

Owner of Motivational Interviewing Learning Exchange, Mary Dillon, MA (MINT 2008) has provided customized MI training to thousands of helping professionals. Her highly practical training style emphasizes specific strategies and skills that can be put to use right away. To learn more about holding MI training to your workplace contact —

**Cost: \$20.00**

**Seminar Location: Goodwill Training Center  
3725 E. Ft. Lowell (at Alvernon)  
Tucson, AZ 85719**

**Questions?  
Contact Mary Dillon at [mdillon@milearningex.com](mailto:mdillon@milearningex.com)**

**Register HERE:**

**<https://motiationalinterviewingaug30.eventbrite.com>**