

Bridge City Trainings

Presents



MI LEVEL UP: ADVANCING MOTIVATIONAL INTERVIEWING SKILLS IN ADDICTIONS THERAPY:

with Janis Crawford, Ph.D.

Friday, October 19

8 A.M. – 3 P.M. (6 CEU's accredited by NAADAC & ACCBO)

\$80

For those practitioners who have learned the fundamentals of MI and practiced it over time and now seek more advanced training in MI. Participants can expect more collaborative discussion, demonstration, and practice exercises, and less didactic material. The focus is on recognizing, evoking, and responding to change talk and incorporating strategy in the use of the core skills (OARS). Prior proficiency and experience in the practice of MI are assumed. By the end of the day, participants will be able to:

1. Describe the strategic elements of Motivational Interviewing
2. Practice process-specific open questions, complex reflections, and affirmations
3. Practice using OARS to propel a conversation through the four processes
4. Practice strategies to evoke and respond to change talk
5. Learn to develop discrepancy through values exploration
6. Practice strategies to respond to sustain talk and decrease relational discord

Janis Crawford, Ph.D. has trained and coached correctional and medical staffs in motivational interviewing, group counseling facilitation, addictions assessment, and cognitive behavioral therapy since 2005. She successfully proposed and provided consultation on the implementation of motivational interviewing education within the Wyoming Department of Corrections pre-service academy. She currently works as an adjunct professor at Portland Community College, where she teaches motivational interviewing and theories of counseling. She also has a human services consultation business that provides psychotherapy, clinical supervision, and professional training. Her doctoral dissertation, "Transformative Communication: A Depth Psychological Perspective of Motivational Interviewing" reveals common threads among tenants of motivational interviewing and psychoanalytic theories that enhance communication education for adult learners.

Training is sponsored by Bridge City Trainings. To register, send Kelsey an e-mail at bridgecitytrainings@gmail.com stating the training you want to attend. Once you confirm that you want to attend a class I will send you a link to pay securely by credit card or check. Payment on day of training is \$95. More questions? Call Kelsey at 971-533-6033. Please contact Kelsey Payne by email if interested in being put on an updated email list or with any training proposals.

Training will be held at 4th Dimension Recovery Center
3807 NE Martin Luther King Jr Blvd, Portland, OR 97212