

# Controlled Trials Involving Motivational Interviewing

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This is a cumulative bibliography of outcome trials involving motivational interviewing (MI) in some way, all of which include at least one control or alternative treatment condition comparing outcomes. The typical method for allocation of individuals to treatment is random assignment, but quasi-experimental designs are also included. Protocol reports are included for studies in process. Additions and corrections to this bibliography are welcome: [WRMILLER@UNM.EDU](mailto:WRMILLER@UNM.EDU).

Caveat: The interventions evaluated in these trials varied widely in content and quality. Some were explicitly designed as MI and included fidelity monitoring. Others simply mentioned MI techniques or training as part of the intervention and offered no quality assurance documentation to indicate how well, if at all, MI was actually delivered. For a discussion of these methodological issues see Miller, W. R., & Rollnick, S. (2014). The effectiveness and ineffectiveness of complex behavioral interventions: Impact of treatment fidelity. *Contemporary Clinical Trials*, 37(2), 234-241.

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