2025 Written TNT Application

#### Please read these instructions carefully.

Your brief answers should describe your MI learning experience. We want to know your MI training goals and your reasons for wanting to take part in a MINT-sponsored TNT. Answer to the best of your ability. For help completing this form, please use the [TNT Application Guidelines](https://motivationalinterviewing.org/2025-mint-tnt-application-instructions-minneapolis-minnesota-usa) or email [admin@motivationalinterviewing.org](mailto:admin@motivationalinterviewing.org).

APPLICATION

|  |  |
| --- | --- |
| **1. Your Name** | ANSWER: |

# Motivational Interviewing Training Received

**2. Tell us about how you learned MI.**

##### You can include readings, online learning, on-site workshops, virtual courses, or classroom experiences.

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| ANSWER: |

**2.1 What level was each training?**

##### (e.g., Introductory Presentation, Intermediate Workshop, Advanced Workshop with Coaching).

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| ANSWER: |

**How much of each training was interactive, or experiential? How much was presentation, or lecture?**

(e.g. 75% experiential, 25% presentation).

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| ANSWER: |

**2.2 Dates of each training**

##### Year (and month, if known)

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| ANSWER: |

**2.3 Number of Hours**

##### (e.g., 2 hours, 4 hours; 8 hours; 18 hours)

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| ANSWER: |

**2.4 Provide the Names of your Trainers**

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| ANSWER: |

**2.5 Were your Trainer(s) MINT members?**

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| ANSWER: |

# MI Experience

**3. Other than attending workshops, how have you developed your Motivational Interviewing skills?**

Describe any experience you've had where someone observed you using MI. What supervision did you receive? Have you received feedback or coding on the MITI?

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| ANSWER: |

**3.1 List the names of people who gave you MI feedback.**

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| ANSWER: |

**Which of the above are MINT Trainers?**

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| ANSWER: |

**3.2 Provide one example of how you used MI feedback to improve your practice.**

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| ANSWER: |

**3.3 Beyond workshops, how do you continue to expand your MI knowledge?**

Tell us about self-directed learning (e.g., books, articles, research, peer consultation).

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| ANSWER: |

# MI Practice Settings

**4. Please describe in what settings you use MI, indicating the year associated with each.**

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| ANSWER: |

**4.1 Provide ONE example of how MI has enhanced your conversations in these settings.**

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| ANSWER: |

**5. Please describe the context if you have already provided MI training(s). Did you train alone or with a co-trainer? Was the co-trainer a MINT member?**

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| ANSWER: |

**6. Each TNT participant will develop an individualized learning plan. To begin this process, list 2-3 learning goals. Your goals should relate to developing your skills as an MI trainer; not your knowledge of, or ability to use MI.**

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| 1. Goal 1 2. Goal 2 3. Goal 3 (if applicable) |

**7. MINT values ‘giving back’ to the community. Tell us why you want to become a part of MINT and how you will show these values.**

We are a generous international organization. We are proud to support one another by sharing resources, information, and experiences. We encourage each other to offer our time and talents to help others learn, practice, and train MI.

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| ANSWER: |

# References

## 8. List two references.

Include their name, email, and phone number. Your references should be able to describe their experience observing your use of MI. These references must be familiar with your MI skills.

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| --- | --- | --- | --- | --- |
| Name | | Phone Number | Email | MINT Member? (y/n) |
| **1** |  |  |  |  |
| **2** |  |  |  |  |

### We may contact your references for more information.

### You must get their permission for us to contact them BEFORE you submit this form.

### Letters of recommendation are not required.

We welcome your interest, knowledge, and commitment to join our next MINT-sponsored TNT. We look forward to working together. Thank you!