

December 30, 2016

**Presenters:** Denise Ernst and Stephanie Wahab

**Duration:** One day

**Title:** Training for Planning: The often ignored process

Proposal for Dublin Pre-Forum workshop

**Description:**

During this workshop we will take a closer look at Planning as an optional and important MI process. We will examine how the MI perspective on planning has developed and changed over time, as well as explore the contextual factors for focusing (or not) on planning during MI trainings. We will provide the materials (in English) for a one-day Planning workshop that we delivered in 2016. We will also encourage workshop participants to bring materials, exercises, and resources that they have used for training on planning. We will also create space and time for generating and creating new materials for Planning training for the group.

**Learning objectives:**

- Examine the role and development of planning as part of MI
- Discuss when you would and wouldn't include a focus on planning in an MI training
- Identify the MI skills useful in the planning process
- Discuss the role of focusing in the planning process
- Explore a one day curriculum for training in MI planning
- Share and evaluate resources and materials that might be used in Planning training
- Create materials for training focused on Planning