#### **MINT Forum Sofia 2007**

### 3-day Agenda

**Planning Committee:** Allan Zuckoff (Chair), Judith Carpenter, Jacque Elder, Tim van Loo *Address correspondence to Allan Zuckoff at <u>zuckoffam@upmc.edu</u>.* 

### Wednesday, September 19, 2007

| Time        | Program  |
|-------------|--|
| 6:30-8:30pm | MINT/TNT Reception (nametags and tickets required at the door) |

# Thursday, September 20, 2007—MINT Forum Day 1

| Time            | Program   |   |   |  |
|-----------------|---|---|---|--|
| 9:00-10:30am    | Welcome and Opening Session (Sofia Hall)<br>Planning Committee: Introductions/Welcome<br>Alexander Kantchelov & Rik Bes: MI in Bulgaria and Eastern Europe<br>Allan Zuckoff: "How I Learned MI" |   |   |  |
| 10:30-10:45am   | Break (Refreshments provided) (Hallway)   |   |   |  |
| 10:45am-12:00pm | Breakout 1 (Sofia Hall)<br>Jacki Hecht:<br>Training MI Across<br>Cultures and Languages   | Breakout 2 ( <b>Triaditza 1</b> )<br>Sylvie Naar-King, Bob<br>Kender, Merav Devere:<br>MI in HIV Services | Breakout 3 (Serdica)<br>Sue Eck-Maahs:<br>Training MI in<br>Probation and<br>Corrections  |  |
| 12:00-1:30pm    | Lunch (Restaurant)  |   |   |  |
| 1:30-1:45pm     | Plenary ( <b>Sofia Hall</b> )<br>Post-Lunch Energizer<br>Dee-Dee Stout: Hershey's Kisses  |   |   |  |
| 1:45-3:15pm     | Plenary (Sofia Hall)<br>Steering Committee Session  |   |   |  |
| 3:15-3:30pm     | Break (Refreshments provided) (Hallway)   |   |   |  |
| 3:30-4:15pm     | Plenary (Sofia Hall)<br>Steve Rollnick: Wild Ideas  |   |   |  |
| 4:15-5:15pm     | Breakout 4 (Sofia)<br>Tom Barth:<br>Development of a MINT<br>Peer-Review and<br>Certification Process   | <u>Breakout 5 (<b>Triaditza 1</b>)</u><br>Majella Green, Viv<br>Mumby:<br>MI Training Ideas               | Breakout 6 <i>(Serdica)</i><br>Linda Ehrlich-Jones,<br>Trudy Mailinson:<br>MI in Chronic Physical<br>Disability and<br>Rehabilitation |  |
| 5:15-5:30 pm    | Plenary (Sofia Hall)<br>Judith Carpenter & Tim van Loo: Day 1 Wrap-Up   |   |   |  |

## Friday, September 21, 2007—MINT Forum Day 2

| Time            | Program  |   |   |  |
|-----------------|--|---|---|--|
| 9:00-10:30am    | Plenary (Sofia Hall)<br>MINT Bulletin Live Symposium: Goal-Directedness in MI<br>Chair: Allan Zuckoff        |   |   |  |
| 10:30-10:45am   | Break (Refreshments provided) (Hallway)  |   |   |  |
| 10:45am-12:00pm | Breakout 7 <i>(Sofia Hall)</i><br>Tom Barth, Christina<br>Nasholm:<br>5 Stages of MI                         | Breakout 8 ( <b>Triaditza 1</b> )<br>Chris Wagner, Karen<br>Ingersoll:<br>Adapting MI for Group<br>Work Across Cultures | <ul> <li>Breakout 9 (Serdica)</li> <li>MI in Healthcare</li> <li>MI Ineffective in<br/>Exercise<br/>Promotion? (Jeff<br/>Breckon)</li> <li>MI in Cardiac<br/>Rehab (Claire<br/>Lane, Lyn Williams)</li> </ul> |  |
| 12:00-1:30pm    | Lunch (Restaurant)   |   |   |  |
| 1:30-1:45pm     | Plenary (Sofia Hall)<br>Post-Lunch Energizer<br>Cathy Cole: Brief Practice with Reflections                  |   |   |  |
| 1:45-3:00pm     | Plenary (Sofia Hall)<br>Bill Miller: Using the "Eight Stages" Model as a Roadmap for Advanced MI<br>Training |   |   |  |
| 3:00-3:15pm     | Break (Refreshments provided) (Hallway)  |   |   |  |
| 3:15-4:30pm     | Breakout 10 (Sofia Hall)<br>Mary Velasquez:<br>MI and the TTM/Stages<br>of Change Model                      | Breakout 11 (Triaditza 1)<br>Dee-Dee Stout:<br>Solution-Focused<br>Therapy, Practice-Based<br>Evidence, and MI          | Breakout 12 (Serdica)<br>Barbara Kistenmacher:<br>A Model/Template for<br>Teaching MI   |  |
| 4:30-5:15pm     | Plenary (Sofia Hall)<br>Steve Rollnick: Development of MI Learning Programmes in Cardiff                     |   |   |  |
| 5:15-5:30pm     | Plenary ( <b>Sofia Hall)</b><br>Tim van Loo & Judith Carpenter: Day 2 Wrap-Up                                |   |   |  |

## Saturday September 22, 2007—MINT Forum Day 3

| Time          | Program  |  |  |  |
|---------------|--|--|--|--|
| 9:00-10:30am  | Plenary       (Sofia Hall)         Exercise Session          Bill Miller: 1-2-3          Sandy Downey: Affirmation Card Sort          Allan Zuckoff: Empathy for Ambivalence |  |  |  |
| 10:30-10:45am | Break (refreshments provided) (Hallway)  |  |  |  |
| 10:45-12:00pm | Breakout 13 (Sofia Hall)<br>Jeff Allison:<br>Use of an Interactive CD<br>in MI Training  | Breakout 14 ( <b>Triaditza 1</b> )<br>Kerstin Forsberg, Lisa<br>Forsberg, Denise Ernst:<br>MITI Coding in Sweden | Breakout 15 <b>(Serdica)</b><br>Tim Godden:<br>MI in Acquired Brain<br>Injury                      |  |
| 12:00-1:30pm  | Lunch (Restaurant)   |  |  |  |
| 1:30-2:45pm   | Breakout 16 ( <b>Sofia Hall</b> )<br>Guy Undrill:<br>Fidelity, Eclecticism,<br>Innovation: MI in the<br>Community  | Breakout 17 ( <b>Triaditza 1</b> )<br>Sylvie Naar-King:<br>Live Supervision via<br>Teleconferencing              | Breakout 18 (Serdica)<br>Mark Farrall, Lucy<br>Emlyn-Jones:<br>MI in Domestic Violence<br>Settings |  |
| 2:45-3:15pm   | Plenary (Sofia Hall)<br>Planning Committee: Closing Session  |  |  |  |
| 3:15-3:30pm   | Break (refreshments provided) (Hallway)  |  |  |  |
| 3:30pm        | End of Forum   |  |  |  |