

MI MASTERCLASS:

THE IMPORTANCE OF CULTIVATING COMPASSION IN YOUR MI PRACTICE

9th and 10th October 2017, Brighton, UK. 9.30am-4.30pm

"I've learned that people will forget what you said,
people will forget what you did, but people will never
forget how you made them feel."

Maya Angelou

The MI Spirit identifies what is in the mind and heart of the
clinician, *why* we are using this approach and how we might
incorporate a helping motivation that the client can truly *feel*.



Facilitators: Dr Stan Steindl & Kendelle Bond

Key Learning Outcomes:

- What does compassion really mean in practice?
- Understanding the value of MI Spirit and compassion in practice and outcomes
- Models of compassion from neuroscience
- Cultivating compassion for clinicians? Is it too time-consuming?
- Managing Compassion Fatigue

Who Should Attend

- This course is for any MI Practitioners who would like to develop their MI proficiency and evolve their compassion-based practice within the Spirit of MI in order to understand the impact upon practice & outcomes.
- We will be exploring evidence-based research, case study practice, difficult conversations and much more within the two days.

About the Facilitators:

Dr Stan Steindl A highly respected clinical psychologist for over 20 years in both public and private settings. Currently the co-director of the Compassionate Mind Research Group at the University of Queensland.

Kendelle Bond is the Director of the National Centre for Behaviour Change. She is CBT/MI Practitioner, lecturer at LSBU & an active member of MINT. Kendelle has delivered successful practice & training for 13 years.

Venue: BMECP Centre, 10A Fleet Street, Brighton, BN1 4ZE **Price:** £200pp

To book your place please email: info@nbc-uk.com or call: 0203 0053247