

## Motivational Interviewing Trainer Assessment (MITA)

Trainer:

Date:

Mentor:

### Global Ratings

MI as style for training		1	2	3	4	5
		Low				High
Evocation: The wisdom is in the room		1	2	3	4	5
Empathy		1	2	3	4	5
Autonomy		1	2	3	4	5
Clarity of instructions		1	2	3	4	5
Interactive learning environment		1	2	3	4	5
Rolls with trainee resistance		1	2	3	4	5
Multi-modal learning approaches		1	2	3	4	5
Accurate and up-to-date MI information		1	2	3	4	5
Modeling; and Demonstrating MI		1	2	3	4	5

## Facilitation Style

Eye Communication		1 Low	2	3	4	5 High
Gestures & movement		1	2	3	4	5
Voice tone/volume		1	2	3	4	5
Pacing		1	2	3	4	5
Enthusiasm & humor		1	2	3	4	5
Time Management		1	2	3	4	5
Use of A/V		1	2	3	4	5

## Behavior Counts

Sharing Information			
Setting agenda Instructions Setting up activity			
Facilitating Activity			
Modeling; Demonstrating MI			
Responding to trainee questions			
Telling a story			
Using multi-media			

Question	Closed Question		
	Open Question		
Reflect	Simple		
	Complex		
Affirm			
Emphasize Control			
Ask permission			
MI Non-Adherent	Advise, confront, direct		

## Multi-Modal Learning Approaches